

VITAL SUPPORT FOR VITAL CARE



ANNUAL REPORT 2017-2018

— PATIENT ANNIE-CLAUDE WITH HER SURGEON, DR. KOSAR KHWAJA AND HER NURSE, DALE PERKS.

CODE LiFE

THE MONTREAL GENERAL HOSPITAL FOUNDATION

CODE LiFE: The Montreal General Hospital Foundation's mission is to provide **vital support for vital care**. The Foundation is mandated to raise money, manage significant funds, and invest responsibly in healthcare research, training and technology at the Montreal General Hospital (MGH), the McGill University Health Centre (MUHC) and, more broadly, within the McGill academic health network. We work closely with you, our donors and dedicated partners, to raise awareness on pressing research and foster excellence in vital care for all patients, present and future.

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A WORD FROM OUR CHAIRMAN AND PRESIDENT

CODE LiFE: THE URGENCY OF INVESTING IN RESEARCH AND VITAL CARE

On behalf of the Montreal General Hospital Foundation (MGHF), we wish to express our immense gratitude to all of our donors who supported our cause over the past year. Thanks to your generosity, our foundation manages one of the largest healthcare funds in Quebec. In the following pages, you will see the significant impact of your contributions in supporting numerous high-level research programs, providing the hospital with cutting-edge equipment and helping meet medical teams' priority needs.

Your involvement is vital. By donating, you enable your hospital to provide patients and their families with vitally important care, every day.

In 2017, your donations enabled the opening of the new Thoracic and Upper Gastrointestinal Surgery Clinic at the Montreal General Hospital (MGH), benefiting patients from across Quebec who require complex oncological care. With the help of Bell and its Let's Talk initiative, the Neuromodulation Unit was equipped with advanced devices to treat patients with psychiatric disorders, including depression and anxiety. Through your generosity and the support of the Max Pacioretty Foundation, the MGH was able to acquire a sophisticated MRI machine that detects signs of minor and major brain injuries.

As always, the MGHF's aim is to protect, heal and save lives at the MGH, the McGill University Health Centre (MUHC) and more broadly, within the McGill academic health network. CODE LiFE was launched in this spirit.

CODE LiFE is a tangible expression of our commitment to support life, which is so precious and fragile. It mirrors the feeling of urgency that drives our medical teams and motivates us to raise funds in order to provide vital support for vital care.

Our visual identity is changing, but the role of our foundation remains just as vital. With your support and involvement, we will continue to invest in the advancement of medical knowledge and the refinement of patient care.

Once again, on behalf of all of our patients and their families, as well as the hospital staff, we thank you sincerely for your generosity.



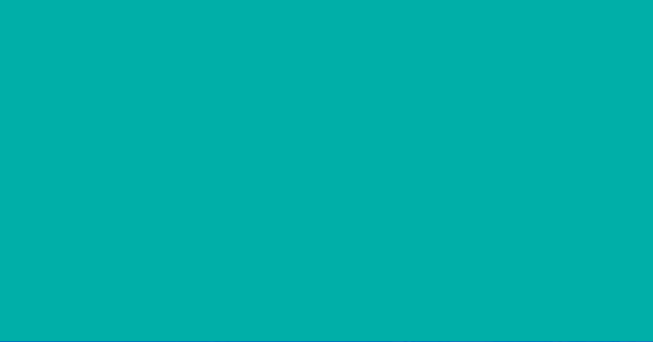
A handwritten signature in black ink, appearing to read 'A. Molson'.

Andrew T. Molson
CHAIRMAN OF THE BOARD

A handwritten signature in black ink, appearing to read 'Jean-Guy Gourdeau'.

Jean-Guy Gourdeau
PRESIDENT AND CEO





“ In 2021, the Montreal General Hospital (MGH) will celebrate its 200th anniversary. Now a central part of the McGill University Health Centre, the MGH was the birthplace of teaching at the bedside in Canada and a pioneer of many other medical firsts. This upcoming milestone serves as an important reminder of the impact our experts have had, and continue to have, on the health and well-being of Quebecers. Today, vital care, research and education are carried on in a networked environment and the support of the MGH Foundation and its generous donors is more vital than ever in helping us fulfill our leadership role. Thank you! ”

— MARTINE ALFONSO, INTERIM PRESIDENT AND EXECUTIVE DIRECTOR, MCGILL UNIVERSITY HEALTH CENTRE



Centre universitaire
de santé McGill



McGill University
Health Centre

A YEAR IN 10 HIGHLIGHTS

\$1.9M to fight esophageal, stomach and lung cancer

A new MRI machine to be operational as of Fall 2018

First Canadian implantation of an MRI-friendly cardiac resynchronization therapy defibrillator (CRT-D)

\$180,000 for women's mental health with the collaboration of the PHARMAPRIX AIMEZ.VOUS.

50% more patients treated by neuromodulation with the assistance of the Bell Let's Talk program

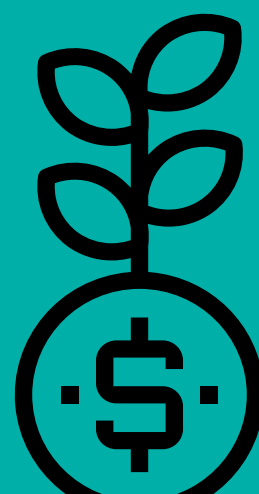
First music therapy studio in a hospital opened at the MGH

135 cm of bone regrowth thanks to treatment by our orthopaedic specialist, Dr. Mitchell Bernstein

A new electronic treadmill and a cutting-edge analysis system for the Geriatric Falls Assessment Clinic

\$1.3M in research grants presented to emerging researchers during the annual gala

More than **10,000** trauma patients treated at the Dr. David S. Mulder Trauma Centre



LAUNCH OF CODE LiFE

CODE LiFE is the new Montreal General Hospital Foundation emblem. It is our pledge to support vital care and our expression of respect for the precious nature of life. Through CODE LiFE, we seek to protect, heal, extend and save lives at the Montreal General Hospital (MGH), the McGill University Health Centre (MUHC) and more broadly, within the McGill academic health network. We also seek to foster the advancement of knowledge through research programs, and to promote and support all forms of caregiving. We chose CODE LiFE because it draws on the familiar language used in the hospital to alert staff to emergency situations. It thus signals the timely and skilled nature of the Foundation's support, as well as the urgency of supporting LiFE.

Thank you to all MGH employees!

Because of your team spirit, dedication and passion, our community receives vital care in a human-centred setting, day in and day out.





— ANNIE-CLAUDE, PATIENT
AND CODE LIFE AMBASSADOR

FROM SURVIVOR TO AMBASSADOR

“ CODE LiFE is a powerful expression of the vital support I received throughout my recovery. The message is clear: give to heal, protect and save lives. Life is fragile, and no one is immune to accident or illness. That’s why I’m committed to giving back to the community and supporting the medical teams that have enabled me to regain a normal life. ”

In 2012, Annie-Claude survived a major trauma. It was her determination and positive attitude that helped her overcome that ordeal. And it is these qualities that have made her a CODE LiFE ambassador.

Annie-Claude was just 22 when she was involved in a major life-threatening car accident in Saint-Jean-sur-Richelieu that almost sawed her in half and left her with multiple severe injuries. Lucky for her, the specially trained team at the MGH Dr. David S. Mulder Trauma Centre was ready. Close to six years later, she’s finally reaching the end of her long medical journey. Some 20 surgeries were performed to rebuild both of her femurs, her left foot, right hip, abdominal wall, and many others. She has been treated by many different specialists: traumatologists, orthopaedists, plastic surgeons, anesthetists, pain specialists, gastroenterologists, dermatologists, gynecologists, psychiatrists, and others.

“ The MGH doctors basically rebuilt me. I received excellent support through all the phases in my healing. Throughout this journey, I’ve always kept my hopes up and my will to survive never waned. Somehow I felt safe because I knew that I had the best doctors. And of course I will never forget the nurses, who do an incredible job! Thank you! ”

TRAUMA

Every day, the team of the Dr. David S. Mulder Trauma Centre defies the odds to save lives.

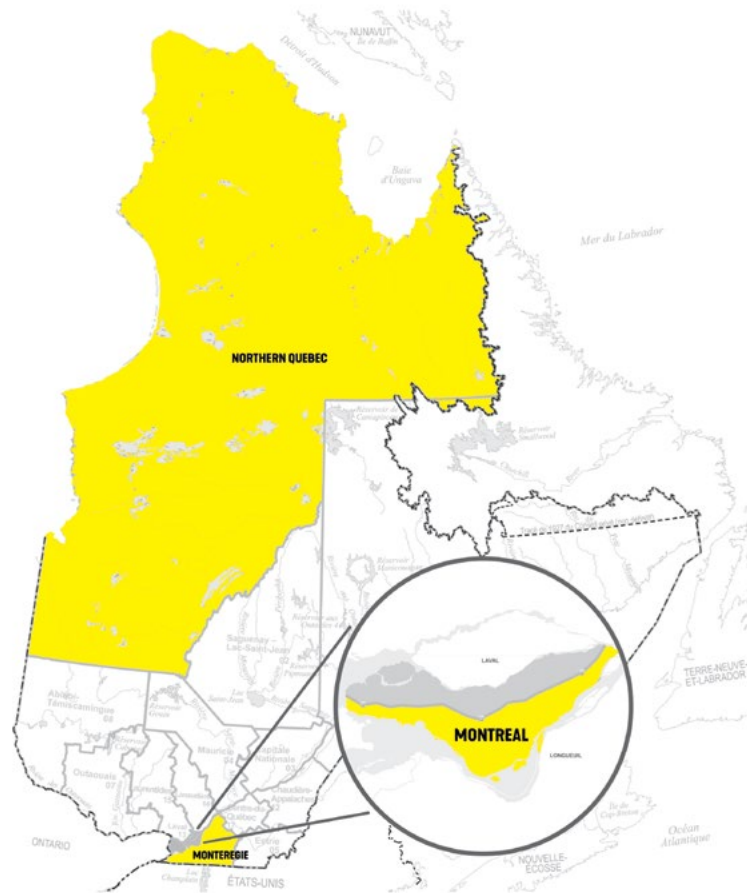
One of only three specialised adult trauma centres in Quebec, the Dr. David S. Mulder Trauma Centre treats patients with the most complex and serious injuries. Every year, it treats over 10,000 victims of road crashes (drivers, passengers, cyclists and pedestrians), falls and violent crimes. It serves the area south of Highway 40, including the Montréal region, as well as Northern Quebec, including Cree and Inuit communities – an overall territory with a population of over two million.

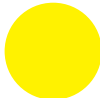
TRAUMATIC BRAIN INJURY PROGRAM

Specializing in acute neurotrauma and early rehabilitation, the MGH’s multidisciplinary Traumatic Brain Injury (TBI) program treats over 1,300 inpatients and outpatients each year.

Most of these patients suffer from multiple injuries, so there is a holistic approach to treatment that goes beyond brain trauma.

Thanks to support from the Max Pacioretty Foundation, the MGH was able to acquire an MRI machine that uses extremely precise imaging to detect signs of minor and serious lesions.



 THE GEOGRAPHICAL REACH OF THE DR. DAVID S. MULDER TRAUMA CENTRE



“ The Dr. David S. Mulder Trauma Centre has the province’s lowest mortality rate. Our highly qualified team treats the most complex cases. Its members absolutely have to stay at the top of their game and have access to cutting-edge technology. That’s why we are pleased to be able to count on the Foundation’s support. ”

— DR. TAREK RAZEK, DIRECTOR OF TRAUMA AND CO-DIRECTOR OF THE CENTRE FOR GLOBAL SURGERY

MAX PACIORETTY VISITS THE MGH

On November 10, 2017, Montreal Canadiens number 67, team captain Max Pacioretty, visited the MGH to officially open the construction site on the floor housing the new high-performance MRI machine. The new equipment will be operational by Fall 2018. This \$12.6 million investment was made possible by our contribution of \$5.5 million, which included a \$2.6 million donation from the Max Pacioretty Foundation.

The Habs captain took the opportunity to meet with hospital personnel, who gathered in the Livingston Hall to have their pictures taken with him.

“ When I was injured in 2011 I received excellent care at the Montreal General Hospital and recovered completely. I want to do my share and give something back. It’s great that the new MRI machine has different applications, not only for athletes and patients of all ages, but also for research. ”

— MAX PACIORETTY, CAPTAIN OF THE MONTREAL CANADIENS



— MAX AND KATIA PACIORETTY

NEUROSCIENCE RESEARCH

The Montreal General Hospital is home to a major Neuroscience Research Program, and a good number of its research projects combine more than one field of expertise. For the teams to be able to push the boundaries of modern-day medicine, they need state-of-the-art equipment.



“ These investments allow us to continuously expand our knowledge of the human brain. With cutting-edge facilities, we can remain internationally competitive and attract the best researchers, for the greater benefit of current and future patients. ”

— DR. KEITH MURAI, DIRECTOR OF THE CENTRE FOR RESEARCH IN NEUROSCIENCE AND BRAIN REPAIR AND INTEGRATIVE NEUROSCIENCE (BRAIN) PROGRAM LEADER



VISION
NEUROSCIENCE



MOLECULAR,
CELLULAR &
CIRCUIT
NEUROSCIENCE



TRAUMATIC BRAIN
INJURY



PSYCHIATRY
& PSYCHOLOGY



HEALTH
OUTCOMES

“ As the Montreal General Hospital is a tertiary and even quaternary referral centre, its highly specialized surgical teams are called upon to treat some of the province’s most complex cases. They are also leaders in the area of minimally invasive surgery techniques and enhanced recovery after surgery, which have a positive impact on our patients’ lives. ”

— DR. GERALD FRIED, CHAIRMAN OF THE DEPARTMENT OF SURGERY AT MCGILL, AND SURGEON-IN-CHIEF OF THE MCGILL UNIVERSITY HEALTH CENTRE.

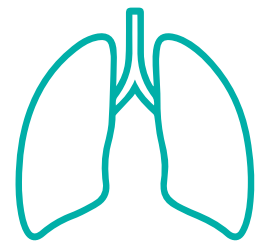


— THE THORACIC SURGERY TEAM

THORACIC SURGERY

State-of-the-art treatment for lung, esophageal and stomach cancer

The McGill Thoracic Surgery program, overseen by the Division of Thoracic Surgery, is the only program to have attained the Ministry of Health’s Level 4 designation for lung cancer, certifying that it meets the highest standards of integrated patient care, research and education in Quebec.



Based at the Montreal General Hospital (MGH), the program is led by Dr. Lorenzo Ferri. It is a model of innovation in the area of minimally invasive surgery for lung cancer and esophageal cancer. The program recently welcomed Dr. Jonathan Spicer, a surgeon specializing in minimally invasive treatment of lung cancer and complex resections of advanced malignant thoracic tumours.

At the MGH, certain esophageal cancer patients have benefited from innovative, incision-free surgery that has greatly facilitated their recovery. Called “endoscopic submucosal dissection”, the procedure involves removing the cancer cells through the mouth instead of making a long incision in the abdomen and chest to take out the esophagus and stomach.



“ We were the first hospital in North America to perform endoscopic submucosal dissection. Our program is still the largest and most effective in Canada, and we receive requests from across the country. Thanks to the Foundation’s support, I travelled to Japan to familiarize myself with this technique, which I am now passing on to the upcoming generation of surgeons here in Montreal. ”

— DR. LORENZO FERRI, DIRECTOR OF THE DIVISION OF THORACIC SURGERY AND THE UPPER GASTROINTESTINAL CANCER PROGRAM

STEVE'S SECOND CHANCE

A piece of chicken he couldn't swallow prompted Steve to seek medical help in September 2016. A few tests later, he received a scary diagnosis: stage four esophageal cancer. He was told his only option was palliative care, which would give him a few extra weeks to spend Christmas with his family. If he was lucky, he might make it to New Year's Day. Because he wasn't ready to leave his wife, three children and grandchildren, he sought a second opinion in Montreal, from Dr. Lorenzo Ferri.

“ I remember it very well. He put his arm on my shoulder and said ‘We're going to fix you up.’ And that's what he did! I can never thank Dr. Ferri and his team enough for their swift action. Being surrounded by strong, devoted teams both at the hospital and at home made all the difference. Sure, I'm not in the same shape I was before I got sick, but I'm alive! And I'm learning to enjoy the small things, like trips to the mountain and walks by the shore with my wife. ”

— STEVE, THORACIC SURGERY PATIENT



OPENING OF THE NEW CLINIC

In May 2017, the Division of Thoracic Surgery moved into its brand new, stand-alone Thoracic and Upper Gastrointestinal Surgery Clinic. The totally redesigned clinic, located on the eighth floor of the MGH, offers a “one-stop shop” approach to complex cancer care. Its team works closely with hospitals across Quebec, including the Jewish General, St. Mary's and Lakeshore General hospitals, Hôpital de Verdun, Hôpital de Gatineau, Centre hospitalier de l'Université de Sherbrooke (CHUS) and Centre hospitalier universitaire de Québec (CHUQ). Cutting-edge equipment such as an ultrasound machine, specialized gastroscopes and bronchoscopes allow for immediate assessment of tumours, contributing to centralized, personalized cancer care for patients.

FIRST EDITION OF SOIRÉE EN OR GALA

On November 4, 2017, the Montreal General Hospital Foundation and the Cedars Cancer Foundation co-hosted the first edition of the Soirée en Or Gala, with proceeds going to the Program for Innovative Therapeutics in Chest and Esophago-Gastric Cancers. This event and other activities have raised \$1.9 million to improve care and treatment for patients dealing with these devastating cancers.



ORTHOPAEDICS



The Division of Orthopaedics at the Montreal General Hospital is known as a leader in spine, trauma and tumour treatment, arthroplasty and sports surgery. Many people suffering from serious orthopaedic problems are referred to the Division who gets an average of 150 to 200 new consults each week.

“The Montreal General Hospital houses all of the MUHC’s orthopaedics services, and our division includes some of the province’s top specialists. A medical team with this type of versatility is invaluable! Thanks to the support of the Foundation and its donors, patients who come to the MGH clinic for treatment receive cutting-edge care suited to their specific needs.”

— DR. GREG BERRY, ORTHOPAEDIC TRAUMATOLOGY SURGEON, ASSISTANT PROFESSOR AND CHAIRMAN, DIVISION OF ORTHOPAEDIC SURGERY, AND ASSOCIATE MEMBER, TRAUMATOLOGY DEPARTMENT

FIGHTING SARCOMAS

The MUHC’s Division of Orthopaedics at the MGH coordinates Quebec’s leading Sarcoma Program. Sarcomas are rare and complex tumours that develop in muscles, nerves, fat tissue, blood vessels and subcutaneous tissue. This supraregional program provides sarcoma patients from across Quebec with the complex care they need.

“The funds we receive from the Montreal General Hospital Foundation allow us to study sarcomas and their propagation, and pursue our basic research projects. In addition, we are better equipped to improve the care and treatment we provide to patients. For them and their families, this support is vital.”

— DR. ROBERT TURCOTTE, MEDICAL DIRECTOR, SARCOMA PROGRAM



— THE ORTHOPAEDICS SURGERY TEAM. IN THE BACK, FROM LEFT TO RIGHT: DR. MITCHELL BERNSTEIN, DR. MICHAEL WEBER, DR. PETER JARZEM, DR. RUDY REINDL, DR. ROBERT TURCOTTE AND DR. WILLIAM FISHER. IN THE FRONT, FROM LEFT TO RIGHT: DR. ERIC LENCZNER, DR. GREGORY BERRY AND DR. MARK BURMAN.

A HUNTING STORY

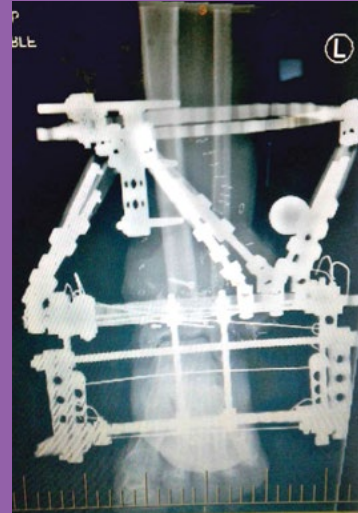
Réjean was hunting with his brother in a remote part of the Abitibi region when the accident occurred. They were clearing a path when his brother's weapon hit a branch, shooting Réjean in the leg. Réjean was convinced he was going to die. His tibia and fibula were shattered, and the closest hospital was two and a half hours away. Given the scope of his injuries, he underwent emergency surgery there and was after referred to Dr. Bernstein at the MGH.



— RÉJEAN AND DR. BERNSTEIN

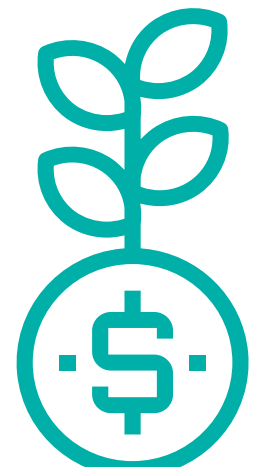
“ Dr. Bernstein explained that I had two options: either have part of my leg amputated or embark on what he called a project. In other words, a series of operations to rebuild everything. I chose the project, and I'd make the same choice again if asked. In all, they removed 7 cm of my left leg, and then regrew it, millimetre by millimetre, with the help of a screw device. ”

— RÉJEAN, ORTHOPAEDICS PATIENT



LIMB LENGTHENING AND DEFORMITY CORRECTION PROGRAM

The Limb Lengthening and Deformity Correction Program is devoted to the treatment of upper and lower body problems present at birth or that arise later in life. It brings together specialists in treating and reconstructing limbs following a trauma, and in treating nonunion and infected fractures.



“ With the help of surgery and internal or external prostheses, we can regrow sections of bone by about 1 mm a day. These innovative techniques allow patients with a significant difference in limb length to recover full mobility. ”

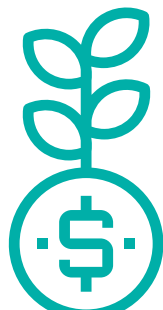
—DR. MITCHELL BERNSTEIN, ORTHOPAEDIC TRAUMA & LIMB DEFORMITY SURGEON



MENTAL HEALTH MISSION

Most of the McGill University Health Centre's mental health services are now housed together at the Montreal General Hospital (MGH). The MGH receives approximately 50,000 outpatient visits and around 500 inpatients annually.

The Mental Health Mission treats some of the most complex cases and provides emergency psychiatric services to adults and psychiatric care for patients who need to be hospitalized. The Mission also provides consultation-liaison services to the rest of the hospital.



“ At the Montreal General Hospital, mental health is a top priority. With our spectrum of services and programs, we help people to get back on their feet after an episode of mental illness. In addition to inpatient and outpatient services, the Jacqueline G. Angus Mental Health Emergency Unit offers a healing environment for patients requiring immediate assessment and treatment. Our team at the Mental Health Mission is grateful for the continuous support we get from the Foundation and its donors. ”

— DR. NADIA SZKRUMELAK, PSYCHIATRIST-IN-CHIEF,
MENTAL HEALTH MISSION

PHARMAPRIX AIMEZ.VOUS. RUN FOR WOMEN

On June 4, 2017, more than 1,100 women, men and children took part in the fourth annual PHARMAPRIX AIMEZ.VOUS. Run for Women in Montreal's Old Port. A record \$180,000 was raised that day. The money will support innovative treatments for anxiety and mood disorders as well as reproductive psychiatry programs. It will also go toward a program headed up by Dr. Lise Laporte that helps women suffering from borderline personality disorder in addition to assisting their families.



Over the years, the number of women treated for depression and anxiety during pregnancy or following childbirth has grown considerably at the MUHC. Donations raised by the Run for Women support the work of Dr. Tuong-Vi Nguyen, which combines psychiatry and obstetrics/gynecology. Initially, the Mental Health Mission followed 100 to 200 women a year referred by the Obstetrics and Gynecology Department. Today, 2,000 to 3,000 patients are assessed annually.

THE IMPORTANCE OF MENTAL HEALTH

In January 2017, Yuri was living shut up at home. He cried non-stop and didn't have enough energy to get up or concentrate on the simplest task, like walking his dog. He was failing at school, felt overwhelmed and started to have suicidal thoughts.

A few months later, Yuri was back at school, cutting short his two-year leave of absence more than 18 months earlier than expected, thanks to rTMS treatment.

“ rTMS helped to speed up my recovery. Now I am so happy that my life has returned to normal and that I can be an active member of the community! I am still in school and, on top of that, I have an interesting new job. Being able to accomplish all of that is priceless. ”

— YURI, MENTAL HEALTH PATIENT



Neuromodulation Treatment Now Even More Accessible

On January 22, the Bell Let's Talk program announced a \$400,000 donation to the Montreal General Hospital Foundation for the acquisition of a repetitive Transcranial Magnetic Stimulation (rTMS) device and a neuronavigator. The new equipment will allow the Neuromodulation Unit to treat at least 50% more patients living with psychiatric problems such as depression and anxiety.

rTMS treatment uses magnetic fields that target specific areas of the brain. Safe and non-invasive, it is offered to patients for whom medication is not a viable option.



— DANY BOUCHARD, MUSIC THERAPIST

Music to Patients' Ears

Thanks to contributions from Music is the Medicine, Anthony Gomes, as well as equipment donations from Sennheiser and Godin Guitars, a music therapy studio opened its doors in January 2018. Patients can come to the studio to sing, play an instrument, listen to music or write song lyrics to express their thoughts and emotions. The studio is the first of its kind in Canada to be located in a hospital.

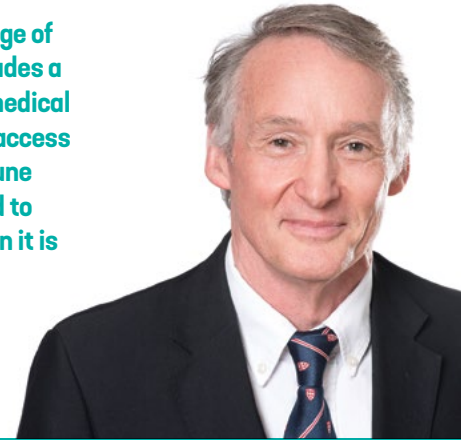


— FROM LEFT TO RIGHT: MR. GAÉTAN BARRETTE, HEALTH AND SOCIAL SERVICES MINISTER, MRS. MARTINE ALFONSO, MUHC'S INTERIM PRESIDENT AND EXECUTIVE DIRECTOR, MRS. MARTINE TURCOTTE, BELL'S VICE CHAIR QUÉBEC, DR. MICHAELA BARBAROSIE, DIRECTOR OF THE NEUROMODULATION UNIT AT THE MGH AND MR. JEAN-GUY GOURDEAU, PRESIDENT & CEO, MGH FOUNDATION.

MEDICINE

“ The Montreal General Hospital boasts a specialized medical team at the cutting-edge of research and academic teaching. Thanks to this multidisciplinary team, which includes a number of internationally renowned medical specialists, patients facing complex medical problems affecting one or more organs can benefit from the latest knowledge and access to an advanced technological platform. The MGH is a reference centre for autoimmune and rheumatic diseases and inflammatory bowel disease. At the MGH, we are proud to put our expertise in the service of our patients and give them a diagnosis, even when it is difficult to establish. ”

— DR. JAMES MARTIN, PHYSICIAN-IN-CHIEF, DEPARTMENT OF MEDICINE



CARDIOLOGY

The Division of Cardiology provides multidisciplinary integrated care from primary care to the most complex level of hospital treatment. As a specialized trauma centre, the MGH places great emphasis on cardiac care. The unit therefore boasts the most advanced critical care equipment and meets the highest standards of modern innovative hospitals.

The MGH is also home to a very active Cardiac Electrophysiology Program. Its teams implant heart stimulators and defibrillators, perform simple and complex ablations to treat different types of arrhythmias, and conduct clinical studies on treatment options, implantable devices and catheter ablation.

A Canadian First

In June 2017 at the MGH, Dr. Vidal Essebag became the first surgeon in Canada to implant an MRI-friendly cardiac resynchronization therapy defibrillator (CRT-D). The new device allows patients to safely undergo full-body magnetic resonance imaging (MRI) scans.

GASTROENTEROLOGY

The Division of Gastroenterology provides and promotes accessible, innovative, high-quality care for patients with digestive and liver diseases. At the forefront of endoscopic advancements, the division offers a largely research-based academic environment.

Inauguration of the Inflammatory Bowel Disease Centre

In November 2017, the MUHC’s Inflammatory Bowel Disease (IBD) Centre officially opened at the MGH. For patients, the IBD Centre means easier access to physicians, dietitians, nurses, clinical care specialists and other staff. In addition, people with major symptoms can use the Centre’s dedicated email address to obtain an appointment without delay.



— THE INFLAMMATORY BOWEL DISEASE CENTRE’S TEAM



GERIATRICS

The Division of Geriatric Medicine responds to the needs of frail patients from the moment they enter the emergency room until they are discharged from the hospital. Its teams work closely with the various MGH divisions to provide these patients with care appropriate to their age and health status. Two teams of physician/nurse pairs are assigned to this group of patients on a continuous basis, one in the emergency room and the other on the wards.

To meet the needs of our ageing community, the Division of Geriatric Medicine has created a day hospital and five clinics at the MGH, each focused on specific problems that affect seniors:

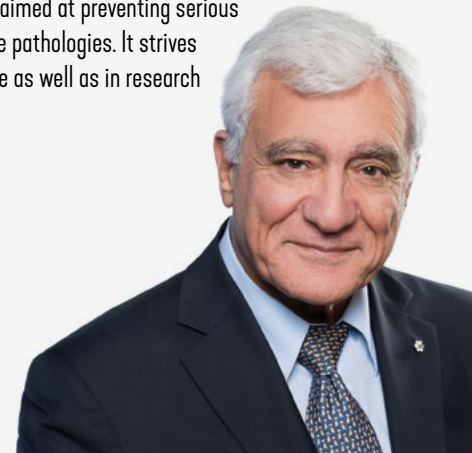
- Memory Clinic
- Skill and Ability Clinic
- Polypharmacy Clinic
- Pain Clinic
- Fall Assessment Clinic

The latter clinic specializes in assessing gait- and fall-related risks for elderly persons, with the aim of preventing falls and their recurrence, and the ensuing trips to the emergency room and hospitalization.

Thanks to our support and the generosity of donors, the Fall Assessment Clinic will soon be equipped with an electronic treadmill and a state-of-the-art gait-analysis system. The system will enable precise assessment of parameters such as walking speed, cadence and weight distribution on the legs, in order to draw links between variations in gait and cognitive slowing.

ALLERGY AND IMMUNOLOGY

The Division of Allergy and Clinical Immunology provides highly specialized, innovative care aimed at preventing serious and potentially fatal immune pathologies. It strives for excellence in patient care as well as in research and teaching.



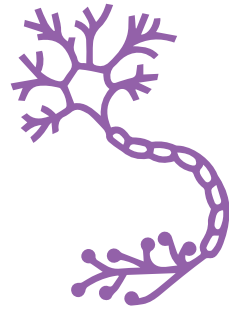
“ We want to be recognized as a national centre of excellence in Quebec in the areas of adult allergies and immune deficiency and deregulation. The support from the Foundation and our partners allows us to attract high-calibre specialists, gives us access to cutting-edge equipment and helps us develop innovative research projects. ”

— DR. CHRISTOS TSOUKAS, DIRECTOR OF THE CLINICAL IMMUNOLOGY PROGRAM

The Montreal General Hospital’s preoperative suspected penicillin allergy program has been a great success. It has shown that 94% of patients who declared that they were allergic to penicillin did not actually suffer from this allergy.

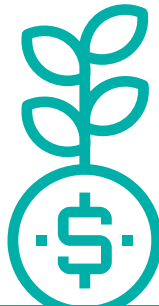
The division manages a unique immune deficiency and deregulation program which seeks to treat the most complex cases using a multidisciplinary approach. Patients are referred to its clinics by the McGill research institutes and the Université de Sherbrooke.

Other initiatives launched by the division focus on areas like reproductive immunology, eosinophilic esophagitis (characterized by inflammation of the esophagus) and atopic food intolerance.



LUPUS CLINIC

The Lupus Clinic at the Montreal General Hospital (MGH) treats one of Canada’s largest populations of lupus patients. Its multidisciplinary approach has proved effective, and patients are referred to the clinic from across Quebec and sometimes even neighbouring provinces.



“ Thanks to the Singer Family Fund and the Montreal General Hospital Foundation, the Lupus Clinic’s teams are able to conduct world-class research here in Montreal. This funding is vital for improving patient care and exploring new treatments for this autoimmune disease, which often has a profound impact on patients’ lives. ”

– DR. CHRISTIAN A. PINEAU, DIRECTOR OF THE LUPUS CLINIC

ALAN EDWARDS PAIN MANAGEMENT UNIT (AEPMU)

Together with other MUHC specialties such as medicine, surgery, women’s health, mental health and oncology, the MGH’s Alan Edwards Pain Management Unit (AEPMU) tries to cure or at least improve the condition of patients living with chronic pain. Its multidisciplinary teams follow patients closely and conduct research to better understand how pain works and the impact it has on patients, in addition to exploring potential new treatments.

“At least one in five Canadians suffers from chronic pain. This is a staggering figure that demonstrates the need to invest in care and alternative solutions for managing pain as effectively as possible. And that’s precisely what we are able to do with the support of the Foundation and its donors.”

– DR. YORAM SHIR, DIRECTOR OF THE ALAN EDWARDS PAIN MANAGEMENT UNIT

A GLOBAL APPROACH WITH MULTIPLE BENEFITS

The Medicine and Surgery departments work together in a variety of ways to develop increasingly tailored care. Patients’ well-being is at the core of numerous programs designed to limit the impact of illness on quality of life. They include the Enhanced Recovery After Surgery (ERAS) Program and the Peri Operative Program (POP), which have contributed to the MGH’s national and international reputation.

Both of these complementary programs provide customized support for patients who undergo major surgery in order to limit the adverse impact on their overall condition. POP has made the MGH a pioneer in this field, with an approach that combines the services of nutritionists, physiotherapists and psychologists. By limiting postoperative complications, it helps patients return to their normal lives as quickly as possible, while helping to reduce system costs.

RESEARCH

“ Important investments made over the past several years have allowed us to provide the MGH site with new space for the Centre for Outcomes Research and Evaluation, an area for clinical trials, and to develop the Surgical Innovation Platform, a real incubator encouraging interaction between researchers, engineers, lawyers, and private industry. Thanks to our partners, such as the Montreal General Hospital Foundation, the Research Institute has earned a privileged place on the international stage, and now attracts top talent from many fields. ”

— DR. BRUCE MAZER, EXECUTIVE DIRECTOR AND CHIEF SCIENTIFIC OFFICER (INTERIM) OF THE MUHC'S RESEARCH INSTITUTE

ENCOURAGING EMERGING RESEARCHERS

On October 3, 2017, over 250 doctors, researchers, nurses and donors attended the annual Research Awards Gala.

That night, in cooperation with other MUHC partner foundations, we presented over 100 awards, providing medical and nursing clinical researchers with seed funding to launch their research projects and advance to the next stages of development and application.



Major Immunology Discovery

Dr. Ciriaco Piccirillo's research focuses on T regulatory (Treg) lymphocytes. The role of these cells is to prevent excessive inflammatory responses from occurring in our immune system when it is threatened.

After close to 10 years of research, Dr. Piccirillo made a major breakthrough that has allowed him to develop a treatment for IPEX (immunodysregulation polyendocrinopathy enteropathy X-linked) syndrome, a rare autoimmune disease. At the same time, he opened a new path to understanding a number of autoimmune and inflammatory diseases affecting hundreds of thousands of Canadians.

Thanks to donors like you, we are regular supporters of Dr. Piccirillo's research, and together we have enabled him to continue his research here in Montreal and help train many students and researchers.

Unlocking the Mysteries of Infertility

Nearly one in six heterosexual Canadian couples experiences fertility problems. Luckily, methods such as artificial insemination and in vitro fertilization help many couples overcome their difficulties. But these methods aren't successful for everyone.

Research projects led by Dr. Geneviève Genest focus on women who are incapable of becoming pregnant or carrying a fetus to term despite test results that appear normal. Her hypothesis is that the problem may be a uterine immune system imbalance.

At the Montreal General Hospital, 15 women who were thought to have this kind of imbalance were treated with immunoglobulin under the supervision of Dr. Genest and her mentor, Dr. Phil Gold. Although these women constitute a very small sample, the initial results are promising: 13 participants have given birth! Through the generosity of our donors, we are pleased to support Dr. Genest's research.



REMEMBERING DR. MOSTAFA ELHILALI

In April 2017, Dr. Mostafa Elhilali passed away suddenly while attending a medical conference in Florida. A world authority in urology and leading prostate cancer specialist, Dr. Elhilali was known for his compassionate, sensitive approach to patients. In the course of his career, he served as Chair of the McGill Department of Surgery and Surgeon-in-Chief at the McGill University Health Centre. He wrote more than 200 articles or peer-reviewed publications, and supervised the work of 44 postdoctoral students.

To honour his memory and celebrate his life devoted to teaching, research and the practice of medicine, Dr. Elhilali's family has created a fellowship in his name, in conjunction with the Montreal General Hospital Foundation. **The Dr. Mostafa Elhilali Fellowship** will support and promote clinical and basic research in the field of urology. It may also be used to support an outstanding member of the Division of Urology who wishes to undertake external training, or to attract a promising external fellow.



FINANCIAL REPORT

We are immensely grateful to our donors for our success in raising 14.3 million dollars for the 2017-2018 fiscal year (April 1, 2017 to March 31, 2018). We were most fortunate once again to be able to count on the trust and goodwill of our community. We want to extend our deepest thanks to all 7,000 donors who supported us this year.

BREAKDOWN OF DONATIONS

THANK YOU FOR YOUR TRUST AND SUPPORT!

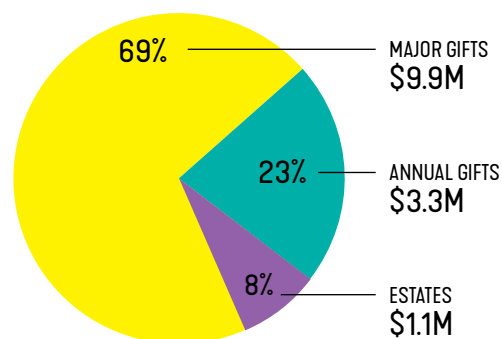
Our efforts to reach out to patients, donors and the public with new communication materials, events and fundraising activities, enabled us to raise \$14.3M in donations last year.

DEDICATED TO GOOD GOVERNANCE

Chaired by Andrew Molson, the Montreal General Hospital Foundation (MGHF) board of directors employs strict management practices to ensure that donations are channeled where they are most needed, while honouring donor wishes and upholding the mission of the MGHF.

The Audit Committee, chaired by Patrice Ouimet, works with external auditor Deloitte LLP and ensures the integrity of MGHF accounting principles and practices.

DONATION SOURCES: \$14.3M



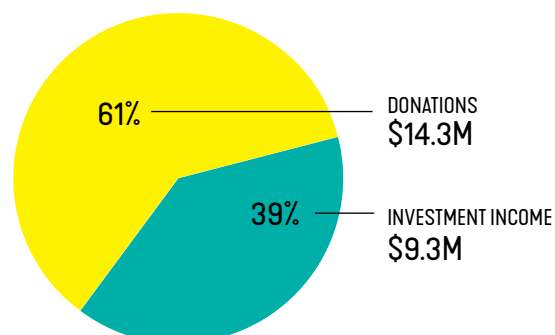
SOURCES OF REVENUE

INVESTMENT INCOME

The Investment Committee, chaired by Dominic Costantini, ensures that funds are prudently invested and well managed by advising the MGHF on investment policies, including asset allocation. Throughout the year, our assets are monitored and rebalanced to reflect the approved investment policies.

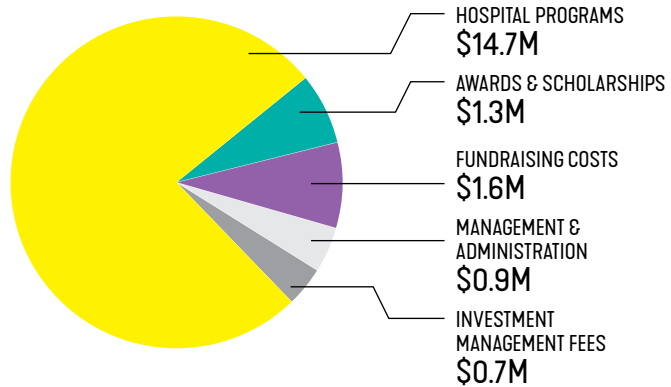
The returns on our endowment go towards providing continuous support to programs for excellence in healthcare, research and teaching.

TOTAL REVENUES: \$23.6M



TOTAL EXPENDITURES FOR THE 2017-2018 FISCAL YEAR: \$19.2M

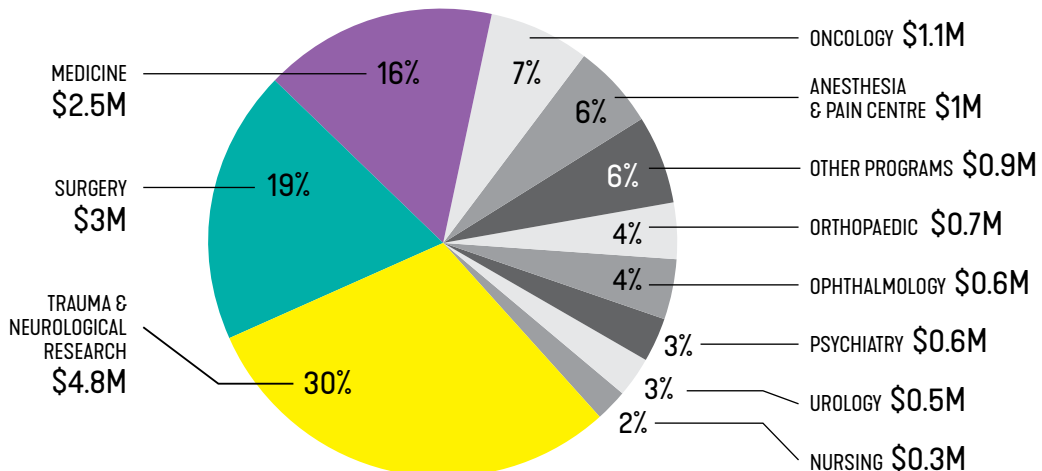
THANKS TO STRICT COST CONTROL, THE EXPENSE-TO-TOTAL-REVENUE RATIO HAS BEEN MAINTAINED AT A LEVEL BELOW THE AVERAGE FOR MAJOR CANADIAN HOSPITAL FOUNDATIONS.



TOTAL ADMINISTRATIVE EXPENDITURE-TO-REVENUE RATIO	
Fundraising Costs	6.8%
Management & Administration	3.7%
Investment Management Fees	2.9%
TOTAL ADMINISTRATIVE EXPENDITURE	13.4%

SUPPORT PROVIDED TO KEY AREAS: \$16M

Driven by our mission to provide vital support for vital care, we are honoured to provide annual financial support for many research programs and departments. Over the year, the MGHF allocated over \$11M to support research and teaching, and \$5M to directly improve patient care.



OUR DONORS



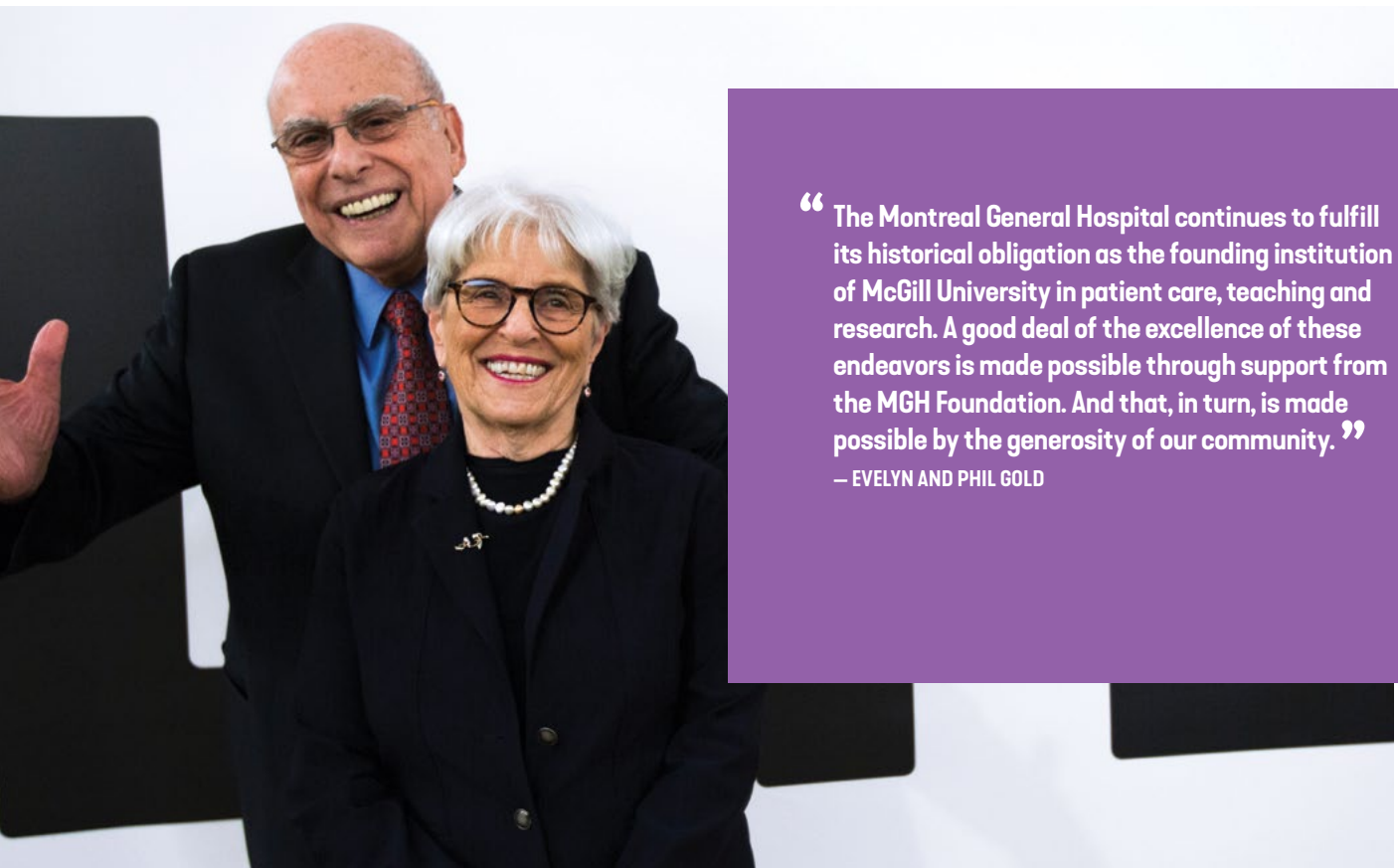
We are grateful to our community of **7,000 donors** whose generosity means that we can serve the community and maintain the MGH's position as a leader in our health network and around the world.

Whether they donate on a one-time, monthly or annual basis, their contributions strengthen the efforts of the community to provide vital care for all. Their crucial support makes it possible to fund new and innovative programs focused on patient well-being.

We want to extend heartfelt thanks to all our Governors, without whom the Foundation's work would simply not be possible. We held two events in 2017 to highlight their loyal support:

- A roundtable discussion among specialists followed by a lunch with André Picard, Globe and Mail public health columnist and author of four books
- A launch evening for CODE LiFE, the new MGHF visual identity

THANK YOU FOR SUPPORTING LIFE!



“ The Montreal General Hospital continues to fulfill its historical obligation as the founding institution of McGill University in patient care, teaching and research. A good deal of the excellence of these endeavors is made possible through support from the MGH Foundation. And that, in turn, is made possible by the generosity of our community. ”

— EVELYN AND PHIL GOLD

OUR GOVERNORS

KEY PARTNERS IN VITAL CARE

The Governors’ Circle recognizes donors who have made a contribution of \$250 or more in the past year. Our **Governors** are vitally important to the Montreal General Hospital Foundation. Some have been donors for more than 25 and even 50 years! Their generosity and loyalty have allowed us to provide targeted care to the community, to attract world renowned medical practitioners and to support innovation through our medical teams.

“ Investing in healthcare has always been an important priority for my family. We are fortunate to have some of the leading researchers and medical teams at the Montreal General Hospital and it’s our community’s responsibility to help ensure that they have what they need to deliver crucial health services. The Foundation, under its new CODE LiFE emblem, does just that - helping us as donors direct our dollars to where they are most needed. ”

– NANCY WELLS



We wish to extend our sincere thanks to all our Governors for their donations to CODE LiFE: The Montreal General Hospital Foundation.

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And all the Governors who prefer to remain anonymous.

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Camille Lemay
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**Vice President, Finance
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Financial Analyst

Paul-Etienne Roy
Database Analyst

Anne Christine Sylvestre
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THANK YOU!



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