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25/26

McGill
Division of Thoracic
Upper Gastrointestinal
Surgery

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IMPACT REPORT

Let's Transform
Healthcare Together

Support Connect Transform Inspire

Our mission is to inspire the philanthropic community to invest in transformative initiatives, conceived and guided by our medical leaders, that have a significant impact on patient lives. In doing so, we advance the pioneering spirit of the Montreal General Hospital, which joined forces with McGill University to form Canada's first teaching hospital. For over 50 years, the MGHF has been committed to supporting research and innovation. From personalized cancer care to surgical innovation, mental health, clinical research, and more, the MGHF supports initiatives that shape the future of healthcare – thanks to generous donors. The Foundation is also proud to foster collaborations with other institutions, for better patient outcomes. Let's transform healthcare together!



From Vision to Action: You Are Shaping the Future of Healthcare

Thank you for welcoming me as the President and CEO of your Montreal General Hospital Foundation (MGHF). Particularly at this moment in time, full of opportunity for discovery and progress, I feel privileged to join this dynamic and dedicated team.

As we wrap up a wonderful year of transforming healthcare together, I'm honoured to share some highlights about the impact of your support. Everything we do is thanks to you, our donors. Your compassion and generosity have tangible impacts on medical teams, researchers, patients, and families. I have the honour of personally witnessing this every day. That's why I'm proud to tell you that our investment in healthcare rose to \$22.6 million this year, thanks to you.

More than 50 years ago, when our Foundation began, who could have imagined technologies such as robotics and AI would help improve patient outcomes, make breakthroughs, and ultimately, save lives. Today, this is our exciting reality. As such, our impact transcends the walls of any one institution, resonating throughout the province and beyond. This drive to develop innovative solutions inspires the projects you support, such as the Surgical Performance Enhancement and Robotics Centre (SuPER), Canada's first hospital-based surgical robotics and AI research hub; our annual Research Awards, which this year invested \$2.8M in more than 120 projects; and Together Against Cancer, our \$100M collaborative fundraising campaign with the Cedars Cancer Foundation. In the following pages, you'll discover many transformative initiatives and meet some of the people whose lives are changed by your generosity.

On behalf of the MGHF team, and each patient whose experience has been improved thanks to your generosity, I offer my deepest gratitude.

Your support makes all the difference.
Thank you for helping transform lives.

**Brian Thompson,
President & CEO**



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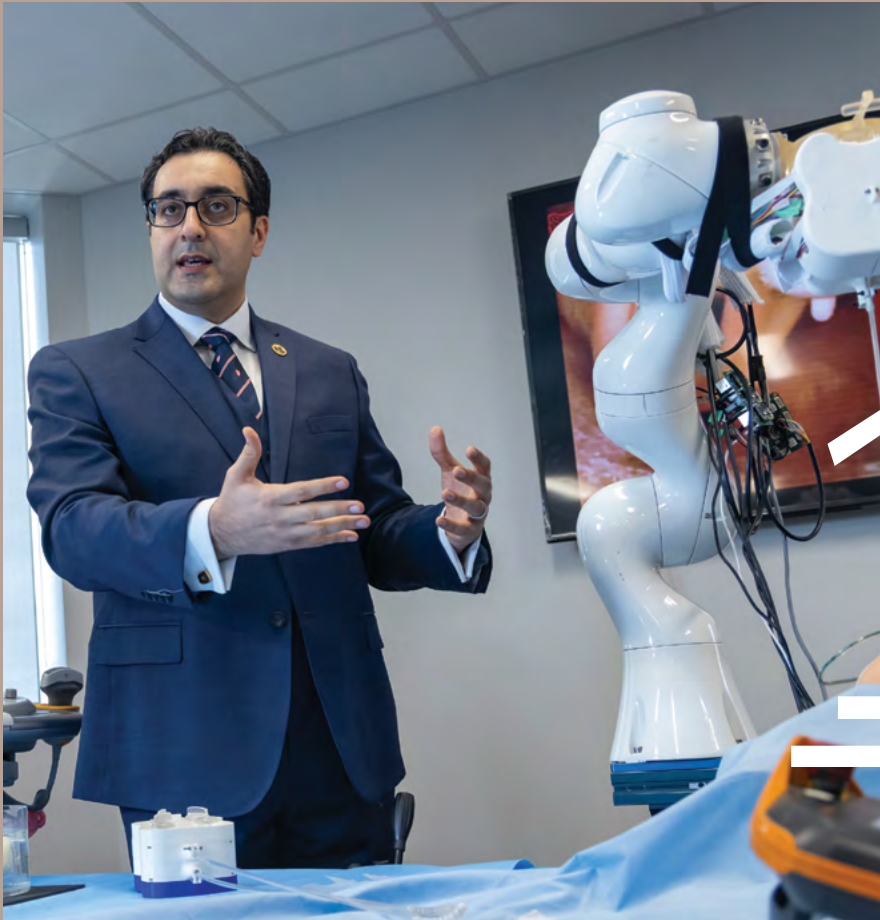
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Funding Tomorrow's Breakthroughs, Thanks to You

Supporting healthcare research and innovation is at the heart of our Foundation's mission. That's why almost half our philanthropic investments go towards this area, amounting to \$10.7M this year.

Your donations fuel discoveries that impact cancer care, surgical excellence, psychiatry, and much more. The research you support is poised to transform healthcare throughout the province and beyond, thank you!

How Philanthropy Fuels Innovation

Through our 2025 Research Awards, \$2.8M was invested in more than 120 projects led by 78 researchers. Thanks to generous benefactors, these funds advance projects ranging from surgical innovation to cancer care, neurology, immunology, and more.

Recognizing the impact of supporting research and innovation, our signature Impact & Innovation Evening shone a light on the recipients of

this year's Research Awards, and brought together philanthropists, medical leaders, and members of the business community. Special thanks to our Impact & Innovation Evening Co-Chairs: Jean-Christophe Bédos and Sébastien Vilder, and our Honourary Committee: Éline Beaudoin, Sharon Stern, Lory Wang, and Alex Yip.

Congratulations to all our Research Award recipients!



As part of our Impact & Innovation Evening, former MUHC Surgeon-in-Chief Dr. Gerald Fried, a leader in surgical innovation and education, took the stage. His achievements include creating McGill's Surgical Innovation Program and CLIP, the startup incubator at the heart of the MGH and the Research Institute of the McGill University Health Centre (The Institute).



Researchers, philanthropists, and partners came together for our Impact & Innovation Evening.

“Innovation is the product of cross-disciplinary collaboration and occurs by creating an intersection of disciplines that often function in silos. For example, we have medicine, computer science, mechanical engineering, business development... When you come up with a framework to bring them all together, magic happens. This is the secret to innovation. So, what does the future look like? A few technologies are top of mind. You could wear watches, or sensors, use artificial intelligence, or operate with robotics. All these things have the potential to transform healthcare in our lifetime. Thank you to all the donors who are the Foundation’s lifeline and enable researchers to do extraordinary work.”

— Dr. Gerald Fried, Professor of Surgery, Associate Dean, Education Technology & Innovation, Director, Steinberg Centre for Simulation and Interactive Learning, McGill University

A GAME-CHANGING SARCOMA DISCOVERY

Livia Garzia, PhD, was awarded this year's Simone & Morris Fast Award for Oncology, the William T. Stewart Family Award in Cancer Research, and the Dr. Gold Fellowship in Cancer Research.

In addition to leading the province's largest sarcoma biobank, Prof. Garzia identified the first epigenetic alteration recognized in osteosarcoma, recurrent in 20 percent of patients diagnosed with this type of cancer. These patients don't respond to the usual treatments and seem to have a worse prognosis. Much like yesterday's breakthroughs determined how cancer is treated today, Dr. Garzia's research is poised to transform sarcoma treatments.

"We investigate the molecular basis of metastasis and therapy resistance in sarcomas and brain cancers, and our goal is to prevent or cure metastasis in these cancer types. We need your support to continue our research and make a difference in patient lives. Thank you for your generosity!"

— Livia Garzia, Associate Professor, Department of Surgery, Garzia Lab at The Institute



Livia Garzia at our Impact & Innovation Evening.



"Without philanthropy, many ideas would never move beyond possibility. Because of the MGHF and its generous donors, our researchers can turn hope into action, advancing bold questions into meaningful discoveries. The contributions of our researchers transform healthcare and advance precision medicine across every stage of life. This is the essence of our vision at The Institute. With the MGHF's support, our scientists are empowered to collaborate, push boundaries, and accelerate progress, turning bold ideas into real-world impact. To every Foundation donor: thank you. Your generosity is not only advancing science and knowledge but is changing lives."

— Dr. Rhian Touyz, Executive Director and Chief Scientific Officer, Research Institute of the MUHC (The Institute)



“Thanks to the generous support of the MGHF, the MUHC is at the forefront of vital, compassionate specialized care, teaching and research. To every donor, thank you. Your philanthropic vision is not only improving the lives of patients today but also helping us attract Canada’s Best so that we can shape next-generation care and cures. Illustrating this excellence, the Montreal General Hospital was included on Newsweek’s 2026 list of the World’s Best Hospitals, ranked the fifth best in Canada.”

— Dr. Lucie Opatrny, President and Executive Director,
McGill University Health Centre

CANADA’S BEST WILL ATTRACT TOP RESEARCHERS

Canada’s Best is a new post-doctoral fellowship program that will be funded in part by philanthropy through four foundations affiliated with the McGill University Health Centre (MUHC): the MUHC Foundation, the Montreal General Hospital Foundation, the Montreal Children’s Hospital Foundation and the Cedars Cancer Foundation. The Research Institute of the McGill University Health Centre (The Institute) has proudly announced the launch of this ambitious program designed to attract young researchers of exceptional calibre, from Canada and around the world, to the largest hospital-based research centre in Québec and one of the most productive in the country. This major initiative represents an investment of \$20 million, including \$14 million in philanthropic support, and is sure to help strengthen Québec’s position as a leading force in biomedical research.





Startup Showcase (Demo Day). Organized in partnership with the CLIP, a dynamic showcase event is the final step of each year's competition. This year, out of more than 40 applicants, six were selected by our committee to present at the event. Three were then chosen for possible impact investment, pending due diligence by the Foundation. Here they are (left to right): Aymeric Guy (Modulate Technologies), Julien Ouellet and Murielle Akpa (OneCare Biotechnologies), Ina Na and Jamie Magrill (NeedleAID), alongside Jonathan Elkas (at right), Senior Director, Strategic Initiatives & Partnerships, MGHF.



Funding the Future: Promising Health-Tech Startups

Advancing healthcare requires innovative philanthropy models such as our unique Impact Investment Program. Indeed, new technologies and next-generation healthcare solutions are often developed through paths that diverge from standard academic research, and forming a company can help access more funding. Our Foundation is proud to be able to support visionary health-tech startups whose innovations could transform the future of healthcare. The MGHF's Impact Investment Program offers convertible loans to selected healthcare startups that want to

scale their innovations to benefit patients in Quebec and Canada, and who develop their ideas through the Clinical Innovation Platform (CLIP), the MGH-based incubator at the heart of The Institute.

The MGHF Impact Investment Program is possible thanks to the support of National Bank, Mr. David H. Laidley, the John Dobson Foundation, the Birks Family Foundation, and other generous donors.



FOSTERING THE ENTREPRENEURIAL SPIRIT: A GIFT TO STIMULATE GROWTH

We were honoured to receive a generous million-dollar gift to fund our Impact Investment Program, made by Mr. David H. Laidley, Chairman Emeritus of Deloitte LLP (Canada).

He hopes the plaque unveiled at the CLIP incubator to highlight his gift will inspire others to give back as well.

"I like the concept of entrepreneurship, of encouraging people who come up with ideas, and converting them into ways to help the public. With the Impact Investment Program, if a company becomes successful, the investment can be converted, the shares could be cashed out, and the proceeds go back to provide more support to other entrepreneurs and worthwhile causes. It's wonderful to see that money be used to help others succeed."

— Mr. David H. Laidley

Active on many boards, Mr. Laidley is retired and passionate about making a difference. He graduated from McGill University in 1967 and in 2022 made a gift to his alma mater to create the Laidley Centre for Business Ethics and Equity, among many other acts of generosity.

Mr. Laidley deeply values making gifts that will be truly useful. His donation to our Foundation will have a meaningful and lasting impact.



From left to right: Heather Hopkinson, Senior Development Advisor, Major Gifts, MGHF; Mr. David H. Laidley; Brian Thompson, President and Chief Executive Officer, MGHF.

FROM IDEA TO SOLUTION: SUPPORTING WOMEN'S HEALTH

In 2024, Juno Technologies was selected for funding through our Impact Investment Program. This women's health startup is on a mission to end menstrual pain. They have developed a patent-pending device that does just that.

Their preliminary pilot study revealed a 79% reduction in menstrual pain among participants, and 78% said they would replace medication with Juno's solution.

"Menstrual pain affects 80 percent of women. This first product is just the start for us, but if it succeeds, many women will live with less pain. Hopefully our solution will give them back their freedom and time, which is a big win! Philanthropic support allowed us to grow, and access other funding. Without your support, the idea would stay an idea and not become a solution. Thank you!"



— Nanette Sene, CEO & Co-Founder, Juno Technologies





"Our dataset is now large enough to support more complex analyses and includes longitudinal data, which opens up many new possibilities!"

— Dr. Simon Ducharme

The Psychiatry of Tomorrow: Collaboration at the Heart of the CPP-Q

Imagine if there was a simpler process to diagnose complex psychiatric disorders, predict disease progression, and swiftly determine the best treatment for each patient – based on their unique biological data, among other factors. Imagine how much suffering could be replaced by hope and healing for psychiatric patients and their families. That's where the Centre for Precision Psychiatry – Quebec (CPP-Q) comes in. Founded by neuropsychiatrist and clinician-researcher Dr. Simon

Ducharme, its mission is to improve the diagnosis and treatment of mental health disorders by advancing precision psychiatry research.

This year, its open-source biobank, Solutions for Psychiatric AI Research & Knowledge (SPARK), shared its second data release, freely available to qualified researchers to further their work. SPARK's goal is to gather clinical, biological, and neuroimaging data of 1,000 participating psychiatry patients, mainly from the MUHC Mental Health

Mission and Douglas Mental Health University Institute, who will be followed for 10 years.

Showcasing the impact of collaboration, this initiative recently welcomed a new collaborator, CERVO in Quebec City (affiliated with Université Laval). This third site will help diversify patient recruitment and add neuro-modulation data to the project.

Thank you for supporting mental health research.



AI in Service of Healthcare



Responsibly integrating artificial intelligence (AI) into medical research, education, and clinical practice is already having positive impact. For example, your gifts support AI-related solutions. Some will enable nurses to spend more time with their patients, while others can help surgeons perfect their techniques and record operations for educational and improvement purposes. There is great potential to ultimately improve patient outcomes and experiences. Discover some AI solutions made possible by your generosity.

FUTURE OF SURGERY

NEW AI SCIENTIST

Attracting world-class AI talent will accelerate the development of concrete solutions that will transform research and care at the MUHC. By bringing together surgeons, researchers, engineers, and data specialists around shared projects, their combined expertise could lead to more precise, personalized, and safer approaches for patients. As such, we are creating a \$5M endowment fund to support an AI Distinguished Scientist position, under the leadership of Dr. Liane Feldman, Surgeon-in-Chief, MUHC. This scientific leadership will help accelerate the responsible integration of AI into research and clinical practice, support multidisciplinary innovation, and position the MUHC and Montreal among global leaders in AI-fuelled medicine.

“This Scientist role is being established to ensure AI is integrated with clinical and ethical excellence. Bringing AI knowledge directly into the surgical environment will offer many benefits. It will help enhance surgical judgment, improve the precision of procedures, and increase patient safety throughout the continuum of care. By attracting world-class experts and bringing together surgeons, engineers, and data scientists, we are integrating AI into the heart of clinical practice. The result: accelerated innovation and tangible benefits for patients.”

— Dr. Liane Feldman



MUHC Surgeon-in-Chief Dr. Feldman leads the transformative initiative the Future of Surgery. Its range of projects aims to make surgery less invasive and more effective, for better patient outcomes.



Amir Hooshir, PhD is the founding director of SuPER, leading transformative research on surgical robotics and AI, among other innovative projects.

FUTURE OF SURGERY

THE RIPPLE EFFECT OF PHILANTHROPY: THE SuPER CENTRE

Housed in The Institute's Dr. Phil Gold Pavilion, the Surgical Performance Enhancement and Robotics Centre (SuPER) is Canada's first hospital-based surgical robotics and AI centre that is conducting transformative research, from bench to clinic.

Our Foundation's early investment in SuPER enabled it to become a leading centre and develop further. By accelerating innovation,

your philanthropic support has made SuPER a leader in AI-driven surgical robotics research, academic training, and interdisciplinary partnerships. SuPER is bringing robotics and AI to many medical disciplines (from orthopedic, abdominal, head and neck, eye, maxillofacial, and spinal surgery to interventional cardiology and radiology), redesigning medical procedures to make them less invasive, more personalized, and more effective.

"This year, we won the prestigious Prix Hippocrate Innovation technologique, in the Transformateur category, recognizing outstanding health innova-

tion and transformative contributions to healthcare. And our training ecosystem continues to grow, we now host 25 graduate and undergraduate trainees from five universities: McGill, Concordia, TELUQ, UQAM, and Université de Montréal, and have established academic exchange arrangements with the Robotics lab of the University of Birmingham and the SARA lab of the University of Toronto!"

— Amir Hooshir, PhD, Founding Director, SuPER Centre, Asst. Prof. of Surgery, Dept. of Surgery, Distinguished Scientist in Robotics, McGill University

AI TOOLS TO HELP NURSES THRIVE

A new suite of AI based tools currently under development aims to give nurses at least one additional hour per week with patients by reducing time spent on non clinical tasks. Thanks to your support, the MGHF is proud to fund ENACT (Empowering Nurses with AI for Care Transformation), developed by the human resources firm Airudi in collaboration with the MUHC and its nurses.

These tools will improve efficiency and work-life balance by using predictive models and multi-task learning to optimize staff assignments, automate shift reports, and support the prioritization and delegation of nursing interventions.

Made possible through the generosity of the Newton Foundation, and Scale AI, Canada's artificial intelligence cluster, this project reflects the power of collaboration in advancing effective healthcare solutions.



"ENACT is a project for nurses, created in direct collaboration with nurses. It integrates AI solutions and equips teams with powerful tools to support their work, while allowing them to focus on what really matters, spending more time with their patients. We are proud to be part of this unique collaborative initiative, made possible thanks to the support of the Montreal General Hospital Foundation and Scale AI."

— Alain Biron, RN, PhD, Director of Nursing, MUHC



Dr. Ahmed Aoude is a surgeon specialized in complex spine and oncology surgery.

FUTURE OF SURGERY

PRECISION TECHNOLOGY FOR LIFE-SAVING CARE

Your generosity has purchased a new spine navigation system at the MGH, which is a regional referral centre for spine surgery. The system is used by orthopedic surgeons to guide complex spinal surgeries, including sarcoma operations. Essentially, it lets surgeons visualize patient anatomy in real-time through 3D imaging and navigation technology. This helps them improve precision, make quick decisions, and reduce complications.

"Thanks to you, patients will benefit greatly from this new spine navigation system, which helps us perform incredibly complex procedures with optimal precision."

— Dr. Ahmed Aoude, Director, Sarcoma, MUHC; Site Director, MGH

Installed in the hybrid OR, the spine navigation system works with another important piece of equipment that the MGHF purchased thanks to donor generosity, the 3D C-arm. As part of the Future of Surgery initiative, our Foundation also financed significant renovations to this hybrid OR a few years ago.

Thank you for your support to the Future of Surgery.



Together Against Cancer: Thank You for Giving the Best You Can

Every day, medical teams, patients, and families give their best against cancer. We asked you to give the best you can to help them, you answered the call! Thank you for helping our Montreal General Hospital Foundation and the Cedars Cancer Foundation raise more than \$90M so far, towards Together

Against Cancer's \$100M goal. This collaborative campaign supports transformative initiatives that will have a significant impact on cancer care and research at the MUHC, throughout the province, and beyond. From precision oncology research to new surgical pathways and efforts to

improve access to clinical trials, the projects supported by Together Against Cancer are already having positive impact. But there is still work to do. Help us surpass the \$100M mark and improve the experience, quality of life, and outcomes of cancer patients. togetheragainstcancer.ca



Dr. Sara Najmeh is a surgeon at the Division of Thoracic Surgery, MUHC.



Dr. Lorenzo Ferri, Director, Division of Thoracic Surgery, MUHC.

World Leaders in Thoracic Surgery & Research

Headed by Dr. Lorenzo Ferri, the Division of Thoracic Surgery is a world leader in surgical care, innovative research, and education. Designated by the *ministère de la Santé et des Services sociaux* as the province's top referral centre for thoracic cancer surgeries, it treats complex cases referred from more than 40 hospitals across the province. In parallel, its team of clinician-scientists are conducting transformative research our Foundation is proud to support.

ADVANCING PRECISION ONCOLOGY: THE FUTURE OF CANCER CARE

Imagine if doctors could predict which drugs would be most effective on a patient's tumour, without having to subject them to toxic drugs that may not work for them. This promising vision of precision cancer treatment is at the heart of research by Dr. Ferri and his team. They aim to



accurately predict if a patient will respond to a given chemotherapy... before they try the drug.

Thanks to donor generosity, the Division is advancing on its precision oncology platform, and in understanding chemotherapy resistance. They have combined two new technologies: organoids and organ-on-a-chip, to build patient tumour "avatars," allowing them to replicate a patient's tumour and test a large panel of drugs to see which would work best in the patient.

In their recent tests for esophageal cancer, these organ-chip avatars were treated in parallel with the patients from which they were generated. Incredibly, Dr. Ferri's team showed that the in-chip response to chemotherapy completely replicates the in-patient response. Next steps will include:

- A clinical trial on patients.
- Expanding to other types of cancers.
- Adapting the organ-chip technology to predict patient response to other treatments, such as immunotherapy.

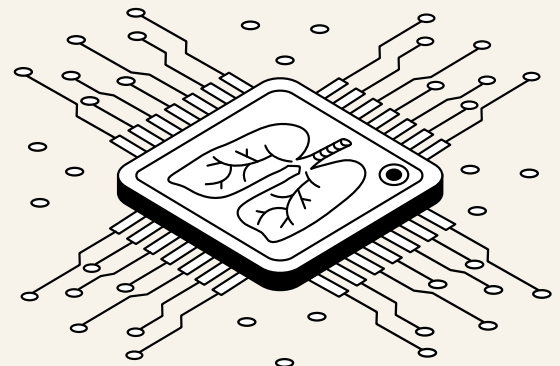
This project is a concrete example of how your support helps advance personalized, precision treatments with less patient suffering.



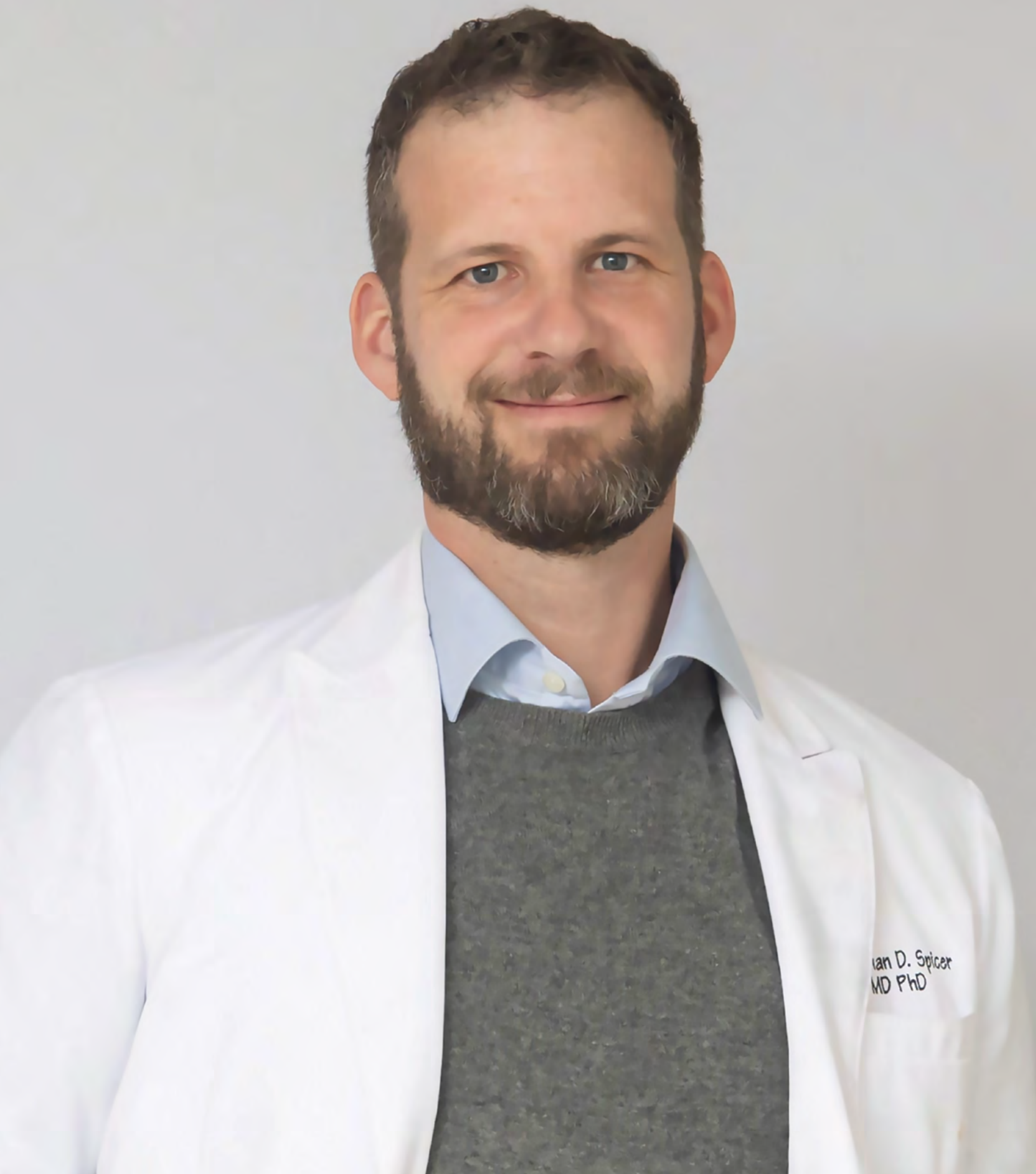
THE HEALING POWER OF PHILANTHROPY

"I've been fortunate to be supported by the MGHF over the past 20 years. Through this incredible philanthropic support of donors from across Montreal and Canada, we've been able to tackle difficult questions in cancer care that cannot be funded through traditional mechanisms. We can start with high-risk, high-reward approaches that let us go out on a limb for patients with difficult challenges in cancer care."

— Dr. Lorenzo Ferri, Director, Division of Thoracic Surgery, MUHC



PERSONALIZED CANCER CARE





Improving Access to Clinical Trials

Dr. Jonathan Spicer aims to provide thoracic cancer patients with better access to clinical trials, even those who live far from big-city hospitals.

“One of our programs, supported by the Foundation, is improving access to clinical research. Major university centres are located in urban areas, but that’s not where all patients live. Many live further away, and even a 45-minute commute to a downtown hospital can be a significant obstacle. Clinical research is often a gateway to better care. Patients benefit from close monitoring, a highly structured care environment, and access to innovative treatment options that may not otherwise be available.”

— Dr. Jonathan Spicer, Thoracic Surgeon, MGH-MUHC, Medical Director, McGill Thoracic Oncology Network

HOW DOES THE IMMUNE SYSTEM AFFECT CANCER?

“I run a lab that’s interested in mechanisms of resistance and response to novel therapies for lung cancer, focusing on the immune system. Specifically, how one of our most common white blood cells, the neutrophil, interacts with the cancer and the rest of our immune system, and how we can act upon it to improve patient outcomes... In essence, we want to have the right treatments for the right patients and bring about an end to their disease with the shortest amount of treatments.”

Dr. Spicer was also among the investigators of a groundbreaking worldwide study that successfully paired immunotherapy with chemotherapy before and after surgery, resulting in a higher rate of overall survival for lung cancer patients with resectable disease.

Thank you for supporting cancer research.

WHEN EVERY SECOND COUNTS

The MGH-MUHC's **Dr. David S. Mulder Trauma Centre** has one of the province's lowest mortality rates.

Every year, more than 1,500 patients in life-threatening situations are admitted, and cared for by trauma surgeons, neurosurgeons, orthopedic surgeons, plastic surgery teams, ICU doctors and nurses, and many others.

As one of only three Level 1 trauma centres in Quebec, it covers an area of almost 800,000 square kilometres, where 3.4 million adults live.

Your generosity helps the Foundation ensure trauma teams have the resources they need, when every second counts.





Back to Shore: A Grateful Patient Gives Back

When Montreal lawyer Jeremy Cuttler went waterskiing one summer day in 2018, his life was about to change. While out on the lake, Jeremy struck a huge wooden sign floating in the water. The impact crushed the right side of his body and rendered him unconscious. Luckily, two witnesses rushed to his aid and helped pull him out of the water.

"Sometimes, you're living a completely normal life, then suddenly, something happens that turns your life around," recalls Jeremy, who was inspired to give back to the MGH trauma and orthopedic teams who saved him by launching his own online fundraiser through our Foundation, a meaningful way to unite your community to support a cause close to your heart. "It's really the hospital, and the services available through the hospital, that get you back on your feet. Otherwise, I know I either wouldn't be alive, or I wouldn't be living this life."

Under the care of the trauma team at the MGH's Dr. David S. Mulder Trauma Centre, Jeremy spent 11 days

in hospital, including three in intensive care. Beyond broken ribs and other serious injuries, his multiple pelvic fractures required surgery. Once ready to start physiotherapy in the hospital, he worked hard to get to a level where he could go home and continue his recovery.

"I couldn't ask for better hospital care," he says, thankful for the doctors, nurses, physiotherapists, and psychologists who helped him recover and live a normal life. Deeply inspired to give back, he hopes speaking publicly about his journey will benefit others in various ways, such as raising funds to ensure other patients can access the same quality of care that saved him.

Today, Jeremy is back at work and a proud father, something he does not take for granted.

"A turning point was when my son was born. The fact that I was well, mobile, and able to fully participate made my gratitude even more significant."

Photo courtesy of Jeremy Cuttler.

CARE THAT COMES FULL CIRCLE

Community online fundraisers like Jeremy's support many medical disciplines and initiatives through our Foundation. You can give back to the teams who care for you and your loved ones. We extend our heartfelt thanks to all the volunteers who organize fundraisers, as well as their friends, families, colleagues, and everyone else involved, for their dedication, generosity, and solidarity.

WHY START YOUR OWN ONLINE FUNDRAISER THROUGH THE MGHF?

- Raise funds for a cause close to your heart in a personal, meaningful way.
- Make tangible, real-life impact - your donations make a huge difference to medical teams, patients, and families.
- Share your story and your gratitude.

Set it up online easily. The Foundation manages donations and directs them to the fund they support. Visit mghfoundation.com/community-fundraisers for more information.



Jeremy Cuttler, pictured here with his wife, is thankful for the support he experienced throughout his recovery. (Continuation of testimonial on Page 23.)



A Record \$1.1M: Giving That Transforms Life with IBD



From left to right: Brian Thompson, President & CEO, MGHF; Matthew Stotland, Ryan Abrams, and Dr. Waqqas Aff, Division Director of Gastroenterology and Hepatology, MUHC.

A Night of Comedy, this year's annual fundraising event of the McGill IBD Research Group in partnership with the MGHF, raised \$1.1M to support care at the inflammatory bowel disease (IBD) clinics of three McGill University teaching hospitals: the MUHC IBD Centre at the Montreal General Hospital, and the IBD clinics at the Montreal Children's and Jewish General Hospitals. A special thank you to Harold and Ryan Abrams for a

generous \$600,000 gift. Funds raised significantly improve the quality of life of those living with IBD, helping access multidisciplinary care from doctors, psychologists, nutritionists, nurses, and other specialists. This year's recipient of the Dr. Ernest Seidman Award in IBD Excellence was Dr. Talat Bessissow, researcher and gastroenterologist at the MUHC IBD Centre at the MGH and Associate Professor of Medicine at McGill.

"McGill IBD provides extra care that makes a huge difference to a Crohn's guy," says Ryan Abrams, who, along with Matthew Stotland, is co-president of the McGill IBD Research Group Committee of Volunteers. Like his father Harold Abrams, Ryan has Crohn's, which inspired him to get involved.

"For example, having a nurse on call by e-mail, blood tests, all the extra services."

He has also become a Board member of our Foundation.

"What better place to give back than to the MGHF, since the hospital has been so good at taking care of me."

Thank you to everyone who contributed.



Dr. Bessissow with his patient Ryan Abrams.
Photo courtesy of Ryan Abrams.

YOUR SUPPORT, YOUR IMPACT



Photos courtesy of the Pharmaprix Run for Women.

Pharmaprix Run for Women

Together, 2,368 participants raised a record-breaking \$222,300 at this year's run. Funds raised help improve access to complementary mental health care for women and their families, and support the MUHC's Brief Intervention Unit.

"The Pharmaprix Run for Women is a terrific event that combines community and exercise and supports our collective mental health. Your participation impacts the quality and breadth of services offered at the MUHC and allows us to give more to our patients."



— Dr. Richard Montoro,
Psychiatrist-in-Chief, MUHC

ONE EVENING, LASTING IMPACT

To support Dr. Jonathan Spicer's project to improve access to clinical trials for thoracic cancer patients, Ted Stavrakis (Groupe Loyal Express) and Chris Karamatsos (KRB Avocats | Lawyers) organized an intimate fundraising evening this year. We extend our thanks for their dedication and generosity, which together helped raise \$226,769.21 for Dr. Spicer's work.

"I first met Dr. Jonathan Spicer back when we played on the same hockey team and got to know and respect him immensely. He goes the extra mile for patients and works tirelessly to improve access to clinical trials that could save lives, that's in addition to his work as a surgeon and his amazing immunotherapy research. So, we were inspired to rally our community to support his project and put our strengths together for Dr. Spicer and his patients. Thanks to everyone who donated."

— Mr. Ted Stavrakis



From left to right: Ted Stavrakis, Dr. Jonathan Spicer, Chris Karamatsos.



Your Philanthropy in Numbers

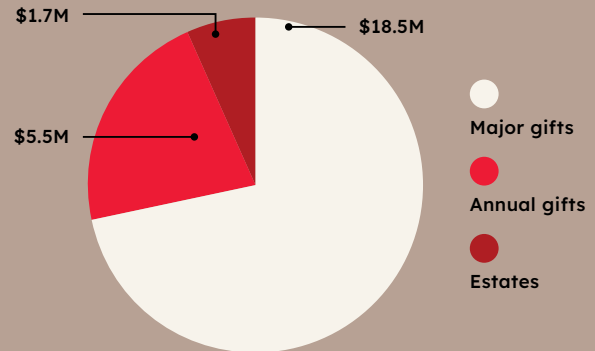
Your generosity fuels our growth and has tangible impact on every program and research lab we support, as well as on countless patients and families. Thank you for your generosity.

Financial Overview

Sources of Revenue

Thanks to your generosity, we raised over **\$25.7M** in total gifts this fiscal year.

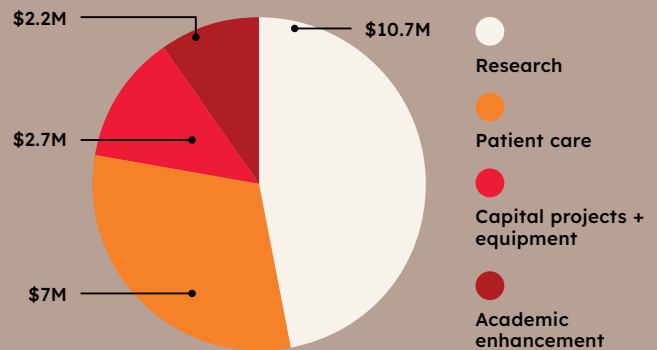
Total
\$25.7M



Support to Healthcare

We provided more than **\$22.6M** to prioritize the advancement of research, patient care, capital projects and equipment, and academic enhancement.

Total
\$22.6M



Our administrative expenditures to revenue ratio of **11.4%**, reflects our efficient management, positioning us ahead of industry standards in the philanthropic community. Your donation dollars are directed where needed.

Fundraising Cost	\$2.5M	5.6%
Management and Administration	\$2.2M	4.9%
Investment Management Fees	\$0.4M	0.9%
Administrative Expenditures Ratio*	\$5.1M	11.4%

* Based on the Canada Revenue Agency T3010 rules

"Our overall support grew by 27% compared to last year, driven in large part by research activities, which represent nearly half of our total support. Another highlight this year is that our support of patient care-related initiatives rose significantly, to \$7M.

"We take great pride in advancing sustainable healthcare by funding innovative solutions that improve efficiency, equity, and patient outcomes."

— Philippe Castaigne, Vice President, Finance & IT, MGHF

Taking the Pulse: Interviews with Impact



Behind the scenes of *Taking the Pulse*, with Dr. Jonathan Cools-Lartigue, Thoracic Surgeon, MGH-MUHC.

Tune into our *Taking the Pulse* interview series, featuring people reinventing healthcare and improving patient lives, thanks to you. Topics include: What is Prehabilitation? What is Cancer? What is Precision Psychiatry? Meet these medical leaders and discover their challenges, goals, and inspirations. takingthepulse.ca



A LIFETIME OF CARE

Our deepest gratitude to Andréa Maria Laizner, RN, PhD, who has retired as a Nursing Practice Consultant for Research at the MUHC. Her nursing career spans 50 years, during which time she worked as a staff nurse, clinician, nursing practice consultant, manager, researcher, and university professor. Over the years, her unique contribution positively impacted nurses at the MUHC, where she spent much of her career. Ms. Laizner graciously donated to the MGHF the \$1280 collected for her retirement gift. Her donation to support nursing care through research and quality improvement reflects her lifelong commitment to the continual improvement of patient care.



Andréa Laizner, RN, PhD; Alain Biron, RN, PhD, Director of Nursing, MUHC; Nancy Turner, RN, RN (Educator), Associate Director of Nursing, MUHC.



The Brightest Stars



Did a staff member leave a special impression on you during your stay at the MGH? Make this person your Star. Our Foundation's Star Recognition Program invites you to thank a staff member who improved your hospital experience by making a gift in their honour! For all donations over \$50, your honouree will receive your message of gratitude and a Star pin. mghfoundation.com/star



MGH-MUHC Psychiatrist Dr. Leon Tourian, whose specialties include pain psychiatry, is a proud recipient of a Star.



THANK YOU FROM THE MGHF TEAM

A Decade of Making a Difference

Congratulations to Simone Turbide, celebrating 10 years of service at the Foundation!

"I may not be a doctor, I may not be out there performing surgery, but I know what I do matters to patients and families. I'm proud to come to work every day and make a difference in my own way, alongside everyone else at the Foundation. Being part of such a wonderful and dedicated team is very meaningful."

— Simone Turbide, Financial Coordinator, MGHF

SHARING STORIES, SHOWCASING IMPACT

Thank you for appreciating our letters, emails, articles, video interviews, and podcast, as well as our social media posts. Through thoughtful storytelling, we strive to keep you connected to the impact of your generosity, from patient stories to compelling interviews with medical leaders, researchers, and innovators, as we transform healthcare together. This year, we presented our new website, completely redesigned for you. Intuitive and inspiring, the new website invites you to:

- Discover the Foundation's key priorities and initiatives.
- Access real stories highlighted through videos and testimonials that illustrate the impact of your gifts.

- Donate online! Simply and securely support projects close to your heart.



mghfoundation.com

Your Support Changes Lives

PLANNED GIVING: YOUR LEGACY, OUR PROMISE

Choosing to leave a legacy gift to our Foundation is a meaningful way to make a lasting impact. Our Foundation ensures your wishes are respected, your planning needs are met, and you create an admirable legacy for the future. Planned giving allows you to put your loved ones first, then support what matters:

- Research and innovation
- Personalized cancer care
- Improving surgical care
- Mental health
- Trauma care
- Healthy living

You can also support other priorities where your gift is needed most, or give to an area of your choice.

There are many ways to ensure your legacy. You can offer a gift in will; of retirement funds; of life insurance; securities, or other assets. Most cost nothing now and are fully revocable.

We're here to help you explore your options. Contact us for a confidential conversation about the legacy you would like to leave.

mghfoundation.com/planned-giving



"I hope you will consider arranging a special legacy gift so the MGHF can continue the amazing feat of supporting exceptional breakthroughs that change lives around the world."

— Susan Khan, devoted volunteer and generous donor.



From left to right: Anton Schlemm and Ben McAusland at the Pharmaprix Run for Women.

THE CONNEXION CIRCLE

Thank you to the driven young philanthropists of our Connexion Circle, a dynamic and diverse group who are excited to learn about healthcare philanthropy, connect with medical leaders, and serve as ambassadors for transformative initiatives in research and care. Our gratitude to **Si Chen, Jeremy Cuttler, Giulia Filato, Andrew Harris, Erum Khan, Ben McAusland, Anton Schlemm, Alexandra Toulch, Dante Trunzo, and Charles-Alexandre Vennat.**





Thank You to Our Board of Directors

“It’s my honour to serve as your Chair of the Board of Directors and put my heart into the important work we are accomplishing together. Knowing how much impact our efforts have on healthcare, patients, and families is deeply rewarding and inspires our Board to guide our Foundation with expertise, knowledge, and vision. I must thank every member of our Board; an exceptionally dedicated group of leaders who donate their time and ensure we follow our mission every step of the way. On that note, every volunteer and donor has our deepest gratitude. As we transform healthcare together, you are essential to our journey. Thank you!”

— Elise Nesbitt, Chair of the Board of Directors, MGHF

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Thank YOU! Everything we do is possible thanks to you. Whether you make a one-time gift, become a monthly donor, honour your Star, or organize a community fundraiser, your generosity impacts patients, families, researchers, and medical teams. We are deeply grateful for your support.

A special thank you to all our Governors.
mghfoundation.com/governors



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