

Annual Report

2016-2017



LA FONDATION
DE L'HÔPITAL GÉNÉRAL DE MONTRÉAL
THE MONTREAL GENERAL HOSPITAL
FOUNDATION



The Montreal General Hospital Foundation

The Montreal General Hospital Foundation (MGHF) plays a key role within the Montreal General Hospital (MGH) and, more broadly, the McGill University Health Centre (MUCH) and its affiliated institutions. The funds raised by the MGHF go toward supporting research programs, acquiring cutting-edge equipment, and helping medical teams with their priority projects.

*In partnership with our donors, the MGHF provides **vital support** for **vital care** through training, technology and research*

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Care at the Highest Level: \$20 Million Raised!

It is with immense gratitude toward our community that we have the honour of sharing with you the highlights of a successful fundraising campaign in support of the Montreal General Hospital Foundation (MGHF). Your generosity, combined with that of 7,200 other donors, demonstrates a strong commitment to promoting excellence in patient care and medical research. Your donations help sustain the Montreal General Hospital (MGH) as a centre of excellence and help provide vital care to the community.

This year we achieved our \$20 million fundraising goal for the **Care at the Highest Level** campaign. The funds will go toward the continued development of the Dr. David S. Mulder Trauma Centre, our Surgery programs, including the Thoracic Surgery Centre of Excellence, our Mental Health Mission, and other areas of medicine such as Cardiology, Geriatrics, Gastroenterology and Ophthalmology.

We could not have reached our goal without the support of the MGHF's entire team, not to mention the leadership of the members of the board of the MGHF and the involvement of the dedicated doctors and staff of the MGH. To all of the leaders in our community, thank you for your support!

A special mention goes to Dr. David S. Mulder, the emblem of this campaign for whom the Trauma Centre at the Montreal General Hospital is named. Dr. Mulder has played an important role in developing the Quebec trauma system, thereby saving many lives. A talented

leader, Dr. Mulder served two terms as Surgeon-in-Chief of the MGH and Chairman of the Department of Surgery at McGill University and also serves as Chief Surgeon for the Montreal Canadiens. Today, he is a mentor for young surgeons and a great inspiration to our community.

The MGH also plays a pivotal role in the Quebec health system by contributing annually to the training of many residents, nursing students and researchers. Together with the other McGill University Health Centre (MUHC) institutions, we are proud to be training the next generation of health professionals and to share with them our passion for excellence.

Driven by this vision of innovation and skill development, the MGHF takes pride in providing annual support for the MGH's many research projects. These varied initiatives all push the limits of modern medicine in their own way for the ultimate benefit of patients. Every year, we present more than 80 research awards to medical and nursing clinical researchers in order to advance their work.

We are grateful to everyone who contributed once again this year to harnessing the full potential of the MGH. Your ongoing support is ever more vital to ensuring that we can provide the highest calibre health services to all.

On behalf of our patients, their families and the hospital staff, we thank you for your generosity.



Andrew T. Molson
Chairman of the Board



Jean-Guy Gourdeau
President & CEO

Care at the Highest Level: 20 Million Thank You's!



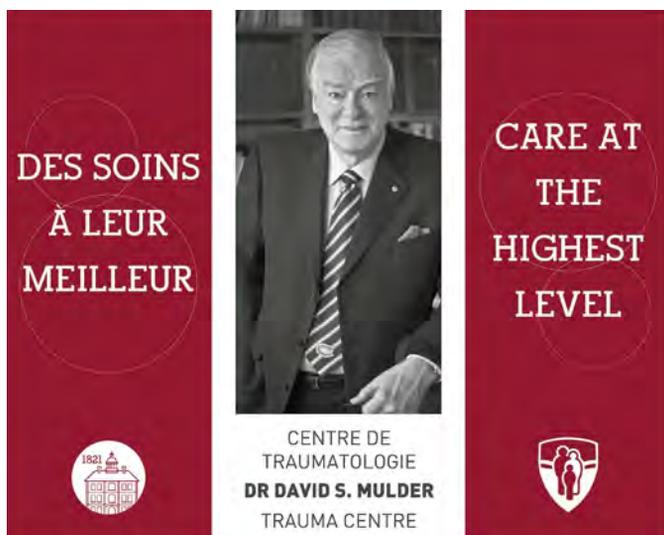
In 2014, the Montreal General Hospital Foundation (MGHF) launched the Care at the Highest Level campaign, with a fundraising goal of \$20 million. The campaign's objective was to be able to pursue the highest level of excellence in the research and development of trauma care, surgery, mental health, nursing, orthopaedics and other key medical services for those who rely on the Montreal General Hospital (MGH) for their most challenging health care needs.

To inaugurate this campaign, the MGH Trauma Centre was named after Dr. David S. Mulder, a prominent senior surgeon at the McGill University Health Center (MUHC). He was honoured for his dedication to the MGH and his enduring contribution to the establishment of the trauma care network in Quebec. He is an emblem of excellence and a great inspiration to us all!



“With donors' support, we can continue to develop trauma and emergency care across the province. Building on our success, my wish would be to have a medical helicopter and take this institution to a whole new level.”

– Dr. David S. Mulder, former Surgeon-in-Chief of the Montreal General Hospital, Chairman of the Department of Surgery, Senior Director Thoracic Surgery at McGill University, and current Chief Surgeon of the Montreal Canadiens Organization.





“The naming of our trauma centre is an important milestone in the history of the MGH and gives us an opportunity to recognize Dr. Mulder, a man, a teacher, a mentor and a surgeon, who personifies the human values on which this institution was built.”

– Jean-Guy Gourdeau, President and CEO of the Montreal General Hospital Foundation.

The money raised through the Care at the Highest Level campaign has and will be invested into different projects within the MGH and the MUHC:

- Opening of the new Mental Health Emergency Short Stay Unit, now called The Jacqueline G. Angus Emergency Mental Health Unit
- Acquisition a new high performance MRI for the Traumatic Brain Injury Centre in partnership with the Max Pacioretty Foundation
- Purchase of new state-of- the-art equipment for the thoracic, bariatric and other specialised surgeries, aligned with the Minimally Invasive Surgery best practices



- Expansion and renovation of the Emergency Room and Trauma Bay
- Acquisition of a new CT scanner
- Renovation and enhancement of operating rooms
- Research and training programs in various medical areas such as the Sarcoma Research Fund
- Safety and injury prevention programs
- Grants and career awards to support our best researchers



A Unique Expertise

“Every day, I feel extremely fortunate to have been treated at an institution like the Montreal General Hospital. I am infinitely grateful to the talented professionals, experts, and members of the medical team who took such good care of me. The expertise of this hospital is unique and invaluable; we should take great pride in having the MGH in our region.”

– Journalist Isabelle Richer was treated at the Dr. David S. Mulder Trauma Centre after she suffered numerous injuries that left her in a coma after a bicycle accident.

The Montreal General Hospital Foundation wishes to thank all the donors, corporations and foundations that have contributed to achieve the **Care at the Highest Level** campaign goal.

THANK
YOU!

The Montreal General Hospital



The Montreal General Hospital (MGH) is the only Level 1 adult Trauma centre in downtown Montreal with a world-class multi-disciplinary team able to deal with the most complex emergency cases. The MGH provides care to over two million Quebecers, servicing the southern half of Montreal, as well as Montérégie and Northern Quebec. As a major health centre among the McGill University Health Centre (MUHC), the MGH is dedicated to vital patient care and research in a variety of disciplines:

- SURGERY
- TRAUMA
- MENTAL HEALTH
- NEUROSCIENCE
- MEDICINE

150,000
DAY VISITS



9,500
ADMISSIONS



1,500
ADMITTED TRAUMA PATIENTS



10,000
SURGERIES



500 ADMISSIONS
MENTAL HEALTH PATIENTS



36,500 VISITS
EMERGENCY PATIENTS



As an integral part of the McGill University Health Centre, the MGH welcomes a large portion of the MUHC's residents and nursing students every year.

675
RESIDENTS



580
NURSING STUDENTS





“The Montreal General Hospital, part of the McGill University Health Centre, is vital to our heritage and future. **Its redevelopment is a priority.** On the short- to mid-term horizon, facilities and equipment will be modernized to respect best practices, norms, research needs and environmental protection. We are aiming to continuously improve the patient experience by creating single patient rooms. We will also be simplifying the flow of patients throughout the hospital’s departments to help our teams collaborate as seamlessly as possible. These initiatives will allow the MGH to continue to thrive as a centre of healthcare excellence and healing environment for 21st century specialized and ultra-specialized patient care, research and teaching.”

– Martine Alfonso, Interim President and Executive Director, McGill University Health Centre.



Vital Support for Vital Care

Our Key Expertise

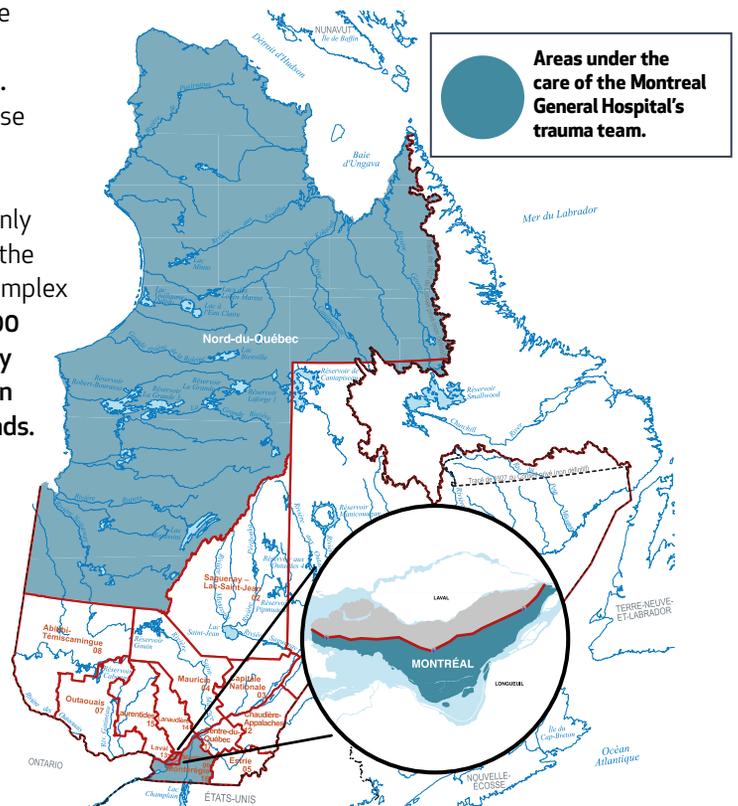


Trauma

It may seem hard to believe but, as recently as the early 1990s, the mortality rate of people entering hospitals in Quebec with traumatic injuries hovered around 50%, meaning half the people who made it to an emergency room with a life-threatening injury didn't make it home.

Since the establishment of Quebec's province-wide trauma system in 1993, led by Dr. David S. Mulder, **that rate has dropped dramatically to around 5%.** Nevertheless, trauma remains the number one cause of death among Canadians under 44 years of age.

The Dr. David S. Mulder Trauma Centre is one of only three Level 1 adult trauma centres in Quebec and the key treatment centre for people with the most complex and serious injuries. Every year, **we treat over 1,500 patients coming in with complex casualties mainly caused by vehicle crashes, falls, bike or pedestrian accidents, as well as stabbings and gunshot wounds.** We serve all adults south of Highway 40 as well as the Montréal region and Northern Quebec, including the Cree and Inuit communities, covering a wide territory of over two million people.



“Most people don't realize how devastating trauma and injury is in our region. It's the cause of the most years of life lost. Our trauma centre is one of the busiest in the country. It's incredibly important that we offer world-class trauma care and that we keep working to find more effective ways of treating, and preventing multi-system injuries.”

– Dr Tarek Razek, Chief of Trauma and Co-Director of the Centre for Global Surgery.

Your Dollars at Work: Large Scale Emergency Readiness

On May 26, 2016, the Montreal General Hospital (MGH) held a Code Orange disaster simulation training session.

In this scenario, a train crashes in Saint-Henri causing multiple casualties.



Code Orange Simulation.



Code Orange scenarios are characterized by the potential to overwhelm the surrounding healthcare institutions. These exceptional events require extraordinary actions, especially around the coordination of the victims streaming in, worried families and patients already in the hospital.

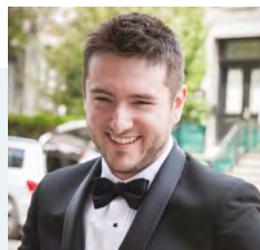
As the only Level 1 adult trauma centre in downtown Montreal, the MGH is ground zero when it comes to dealing with such an event.

As part of the Code Orange exercise a mental health multidisciplinary team, composed of psychiatrists, psychologists, social workers, spiritual care specialists and volunteers, was activated along with the trauma team, and put to the test. Such training and emergency expertise are vital in light of tragic events like the Polytechnique and Dawson shootings.



A Trauma Story

On May 2014, Mathieu suffered a work accident, falling from 35 feet above the ground, which resulted in a traumatic brain injury along with multiple fractures. His situation required services from the Trauma team, Neurosurgery, Orthopaedics, Plastic Surgery, Ophthalmology, and Nephrology along with allied health services such as Occupational Therapy, Physiotherapy and Social Work. He was admitted to the Intensive Care Unit (ICU) for three weeks and then hospitalized for a month.



“It was hard on everyone, especially my fiancée; not knowing if I’d come out of it – and if I did, how would I be? Would I have the same cognitive level as before? How would I be in a few months? Without the tireless efforts of the Dr. David S. Mulder Trauma Centre staff, alongside the dedicated work it took on my end, I would not be where I am today: living at home, working, newlywed and able to enjoy life. For sure, I live with consequences of a brain injury and multiple fractures, but my life can go on.”

– Mathieu Allard, Trauma Patient.

“By making people aware that most accidents are in fact not accidental but actually preventable, people may exercise more caution when making daily decisions. Young people make up only 10% of all licensed drivers, yet they account for 25% of motor vehicle crashes.”

– Tara Grenier, Injury Prevention Program Coordinator.



The Injury Prevention Program

The Injury Prevention Program’s goal is to decrease risky behaviour and traumatic injury. It promotes prevention through collaborative partnerships, presentations, workshops, kiosks, campaigns and community events.

High schools from the Greater Montreal area are invited to partake in an educational tour of the Dr. David S. Mulder Trauma Centre. The tour includes interactive lessons given by medical professionals, ranging from physicians and nurses to medical technicians, who encounter cases of traumatic injuries on a daily basis. Students are privy to the trajectory of the trauma patient through simulation and a tour of the Trauma Bay, the CT scanning area, the Operating Floor and the Intensive Care Unit.

To date, the award winning program has recruited some 200 student ambassadors, in partnership with the Longueuil Agglomeration Police Service and the Société de l’assurance automobile du Québec. In the 2016-2017 school year, ten high schools participated in the High School Ambassador Program. The objective is to continue growing this initiative in the future by offering it to more schools in more districts with the goal of saving more lives and changing attitudes toward risky behaviour.

Purchase of a New CT Scanner

The Montreal General Hospital (MGH) plans to acquire a new CT scanner (computed tomography scanner) and renovate the room where it is located. The CT scanner is crucial in meeting the needs of the Emergency department and its trauma mission, meaning that it is in operation 24/7/365! It is also used as a service corridor to provide assistance to other Montreal hospitals. In total, the CT scanner performs more than 8,000 scans per year.

The Traumatic Brain Injury Program

Specializing in acute neurotrauma and early rehabilitation, the MGH multidisciplinary Traumatic Brain Injury (TBI) Program treats over 1300 inpatients and outpatients each year from Montreal, Montérégie and northern Quebec. It closely follows them from their admission to their discharge and has a rigorous protocol to ensure the most appropriate aftercare. It also ensures the continuity of care with the help of its health network and community partners. Most of its patients are polytraumatic (suffer from multiple injuries), so there is a holistic approach to treatment that looks beyond the brain trauma. Additionally, the team treats the highest number of “complex cases” in Quebec; almost 50% of their patients have associated pre-traumatic conditions such as psychiatric disorders, homelessness and substance abuse.



A New MRI Machine for the MGH

A new MRI machine will be acquired thanks to the contributions of the Max Pacioretty Foundation and the Canada Foundation for Innovation. This new MRI machine will help detect minor to severe signs of brain damage through extremely precise imaging. Without the proper equipment, detecting a concussion can sometimes be very difficult, depending on how apparent symptoms may be. Due to symptoms being qualitative (patient self-assessment of the way he or she is feeling), it can be a challenge to detect mild cases.



“Until now, imaging technology could only detect the most dramatic injuries with symptoms such as bleeding and swelling, so we had to be equipped to address the bigger (if silent) problem.”

– Dr. Reza Farivar, Lead Researcher in the leading-edge Traumatic Brain Injury Program.



The Traumatic Brain Injury Program team

“Contributors to the Montreal General Hospital Foundation can be assured that every foundation dollar invested in the TBI Program is money well spent. Such gifting results in significant advancements in the care of patients, innovations in treatment and the acquisition of knowledge related to the field of TBI in level one trauma care.”

– Mitra Feyz, Administrative Director of the Traumatic Brain Injury Program.

Mental Health Mission



The Montreal General Hospital (MGH) has a strong Mental Health Mission. The Psychiatry Department is responsible for treating some of the province’s most complex patient cases, and receives around 50,000 outpatient visits and around 500 inpatients annually.

The MGH is home to both the Adult Psychiatry Emergency Service and the Psychiatric Inpatient Service for the McGill University Health Centre (MUHC). The department also provides consultation-liaison services to the rest of the hospital.

Your Dollars at Work: New Installations and Services for Psychiatry Patients

In April 2015, the MGH expanded emergency services for psychiatry patients with the opening of the MUHC’s Psychiatric Emergency Unit. This state-of-the-art facility is fully equipped with trained psychiatrists, nurses, social workers and other health professionals as well as interview rooms, single patient rooms and isolation rooms. It is a healing environment that was most needed for patients requiring immediate assessment and treatment. In March 2016, the Unit was officially named the Jacqueline G. Angus Mental Health Emergency Unit in honour of Jacqueline Angus and the Angus family’s continued major support for Mental Health.

Recovery Transition Program

The Recovery Transition Program is aimed at improving patients’ experiences through their trajectory of care and enhancing long-term recovery by reducing relapses and readmissions, while improving quality of life. This is achieved by creating a new program of services –delivered by trained volunteer Peer Mentors – that supports recovery and promotes self-management practices among patients and family/caregivers during the transition from institutional care to the community.



The Pharmaprix AIMEZ.VOUS. Run for Women

Fundraising Event: The Pharmaprix AIMEZ.VOUS. Run for Women

For the last four years, Pharmaprix has organized yearly runs across Canada, mobilizing over 12,000 participants to eliminate the stigma surrounding mental health issues and to raise money to support mental health initiatives for women. In 2016, the Montreal event raised over \$100,000 for women’s mental health programs at the MGH and these funds were allocated to benefit important projects:

- Research and clinical care in the reproductive psychiatry program
- Full-day conferences for women suffering from Borderline Personality Disorder, and their families
- Repetitive Transcranial Magnetic Stimulation treatment: a non-invasive brain stimulation that treats women for depression and anxiety.

“We’ve been able to develop our mental health programs even further, thanks to the funds collected through previous editions of the Pharmaprix Run for Women. We are proud of the work that has been done so far and we wish to go even further in years to come.”

– Dr. Nadia Szkrumelak, Psychiatrist-in-Chief of the Mental Health Mission.



Le groupe MusiArt with Anthony Gomes and his band along with Mark Cortesi, Jean-Guy Gourdeau (MGHF), Dr. Nadia Szkrumelak and Tashshena McLean (MGHF).

Music Therapy Program

When used by professional therapists in all of its facets, music has the ability to heal. Le groupe MusiArt was created at the Montreal General Hospital (MGH) to improve and maintain mental health through creative expression while increasing well-being, self-esteem and concentration. It is made up of patients accompanied by music therapist Dany Bouchard. In 2016, Blues musician Anthony Gomes came by the hospital for a jam session and provided, via his foundation, Music is the Medicine, music-listening stations and new equipment for the music room of the psychiatric unit.

Human Approach

“I’ve been receiving psychiatric care for over ten years now. I thank my psychiatrist Dr. A. Fielding for his professionalism and expertise and for his very human approach. Despite my mental illness, I am grateful that life has placed him on my path. In 2015, when I was hospitalized for a few weeks in the Psychiatry Department, the exemplary dedication of Dr. G. Meterissian and his team certainly helped me recover as quickly as possible. Thanks to the Mental Health Mission team!”

– Marie-Claude Pitre, Patient, Mental Health Mission.



Our Key Expertise

Thoracic Surgery



The McGill Thoracic Surgery program based at the Montreal General Hospital (MGH) is the only program to have attained the Minister of Health's Level 4 designation for Lung Cancer, indicating that it offers the highest standards of integrated patient care, research, and education in Quebec.

This program also demonstrates a high level of innovation, including a recent move toward minimally invasive surgery for lung and esophageal cancer.

We have seen dramatic growth over the past five years as the government has centralized thoracic surgical services at the MGH for the entire McGill region and beyond, encompassing nearly a third of the Quebec population.



The MGH is now home to the largest esophageal cancer program in Canada, and one of the largest lung cancer programs in the country. We have incorporated numerous cutting-edge therapies for both esophageal and lung cancer, helping patients to recover from surgery more quickly.

Although less well known than other cancers, thoracic cancer is a major international health issue. Lung cancer accounts for more deaths worldwide than any other cancer, and esophageal/upper stomach cancers are the fastest rising malignancies in North America.

Thanks to fundraisers and donors, the MGH will be able not only to maintain these advanced services for all Quebecers, but also to remain at the forefront of new research programs in the future.

“These cancers generally have a poor prognosis, with five-year survival rates of between 15% and 20%. However, there have been remarkable advances in the treatment of lung and esophageal/gastric cancer in the past five to ten years, and surgeons at the MGH have contributed directly to many of them.”

– Dr. Lorenzo Ferri, Director of the Division of Thoracic Surgery and the Upper Gastrointestinal (GI) Cancer Program.

Immense Gratitude

After his surgery, Mr. Dubé spent nine days in the MGH's Thoracic Surgery Unit. Even while hospitalized, he found a way to laugh and make others laugh.

“One day I took a surgical glove and walked up and down the hallway like a chicken. I had a chest tube, catheter, IV, and tubes up my nose, but I made the rounds anyway to make other people laugh. It did them good and did me some good too. They took such good care of me. The staff was fantastic! Dr. Ferri came to see me every day. I couldn't believe it!”

– Normand Dubé, Patient.

As a symbol of his immense gratitude for the support and care he received, Mr. Dubé got a tattoo with the name of his wife, the initials of his doctors, Lorenzo Ferri and Thierry Alcindor, and the initials of the Montreal General Hospital.



Enhanced Recovery After Surgery (ERAS)



The goal of surgery is to provide an effective and durable solution to a clinical problem. Unfortunately, the “cost” of surgery to the patient is the recovery phase during which the patient is limited in function and troubled by the fatigue and pain that usually accompany surgery.

The goal of the ERAS concept is to maximize all the benefits of surgery while minimizing the negative impact related to the injury of surgery. ERAS involves a multidisciplinary approach including surgeons, anesthesiologists, medical consultants, nutritionists, physical therapists and psychologists, to prepare the patient throughout the entire trajectory of care starting from the initial visit to the surgeon through full recovery.

Your Dollars at Work: New Equipment for Minimally Invasive Surgery

Surgeons at the MGH have a worldclass reputation in minimally invasive surgery. Diabetes, which is often the result of obesity, has become a major public health challenge. Building on our expertise in minimally invasive and upper gastrointestinal surgery, our Department

of Surgery has now established a major program for bariatric surgery, which has been found to be the only treatment to actually reverse diabetes and prevent the complications associated with this disease.

The Peri Operative Program (POP)

The Peri Operative Program (POP) is based on a simple concept: the better shape you are in going into surgery, the faster your recovery will be after surgery, and pre-habilitation is the key.

POP is based on three pillars: physical training (aerobic fitness, resistance training for strength, flexibility); nutrition (greatly increased protein intake); and psychological counselling. The program uses “the science of athletes” to achieve results. To help patients stick to this home-based program, they are supervised by experts, including a nutritionist and a kinesiologist.



“ We have shown in pilot studies that such protocols improve outcomes, decrease complications, improve patient satisfaction, lead to earlier discharge from hospital while decreasing return visits to the emergency room or clinics, allow earlier return to work and social functions, decrease burden on family members who provide care after discharge, and save money.”

– Dr. Gerald M. Fried, Chairman, Department of Surgery

“ Our data has shown that if patients do nothing before surgery, only 35% of them will return to their baseline condition. That rate increases to 50% (still very low) when patients undergo rehabilitation after surgery. However, no less than 80% of patients who enter our program return to baseline. In fact, the worse shape people are in prior to surgery, the more they benefit from the program.”

– Dr. Franco Carli, Founding Member of the Peri Operative Program, Senior Staff Anaesthesiologist



Our **Key** Expertise

Orthopaedics



The Division of Orthopaedics at the Montreal General Hospital (MGH) is known as a leader in the treatment of spine, trauma, tumour, arthroplasty and sports surgery.

Many critical orthopaedic patients are referred to the MGH because of the extensive expertise of the staff at the Orthopaedics department. On average, 150 to 200 new consults are sent to the department every week.



“I greatly appreciate the Montreal General Hospital Foundation and all the donors who contribute their time and money to our cause. It has a huge impact on our projects and our ability to care for our patients. I wish to express our deepest gratitude to all donors.”

– Dr. Greg Berry, Orthopedic Traumatology Surgeon, Assistant Professor and Chairman, Division of Orthopaedic Surgery, and Associate Member, Traumatology Department.



Vital Care



Innovation in Medicine

Many programs at the Montreal General Hospital have distinguished themselves through the quality of their work and their spirit of innovation.

The MGH is home to a variety of specialized departments and clinics, meeting the need for accurate diagnosis and cutting-edge treatment protocols.



“Patients coming to the MGH to consult our specialists know they are in good hands. Our physicians are first-rate and, as McGill University faculty members, they are passionate about the practice of medicine. Reflecting the growing interest in a holistic vision of care, our teams frequently coordinate with other specialties and disciplines to adopt a multidisciplinary approach for the greater benefit of our patients.”

– Dr. James Martin, Physician-in-Chief, Department of Medicine.

A good example of this concerted effort is the Rapid Access Unit and the Medical Day Hospital. Family physicians and specialists in the McGill University Health Centre network can confer on cases that may require particularly rapid assessment or treatment.



Cardiology



The Division of Cardiology provides multi-disciplinary integrated care from the primary to the quaternary level.

As a Level 1 trauma centre, the MGH places great emphasis on advanced cardiac care. Equipped with the most advanced critical care equipment, the Unit

was designed in conformity with the higher standards of modern innovative hospitals.

Geriatrics



The Division of Geriatric Medicine has a consult team to respond to the needs of frail patients from the moment they enter the emergency room until their discharge. Our clinic evaluates and treats elderly persons with physical and cognitive impairment, while working with community services to maintain them safely in their homes.

Operated by the Division of Geriatric Medicine, the Falls and Mobility Assessment Clinic provides subspecialized and interdisciplinary assessment of gait and falls risk in elderly persons with the aim of preventing falls or the recurrence of falls in those

who have already experienced a prior event. The emphasis is on patient and family education with recommendations from members of the interdisciplinary team.



“In addition to treating the elderly and training medical students and residents in our specialized approach to senior care, we promote the use of this method by healthcare workers across the board so they can develop the basic skills needed to tailor their care-giving to the specific requirements of the elderly and frail.”

– Dr. Jose A. Morais, Director of the Geriatrics Division.



Gastroenterology



The Gastrointestinal (GI) Division aims to provide and promote accessible, high quality and innovative care to patients with digestive and liver diseases.

The environment is both academic and research-intensive. The division remains at the forefront of endoscopic advancements with highly specialized technical procedures.

Inflammatory Bowel Disease (IBD) Centre of Excellence

The MGH GI Division is unique for its Inflammatory Bowel Disease (IBD) Program. Dedicated clinicians are consolidating the McGill University Health Centre (MUHC) contribution of data and research in this field and strengthening its teaching programs.

Inflammatory Bowel Disease (IBD), comprised of Crohn's disease and ulcerative colitis, is the most common disabling chronic bowel illness. The incidence is increasing and Canada has the world's

highest rates of new cases of Crohn's. It most often affects children and young adults in the prime of their lives. Treatment needs to be personalized in order to respond to the unique situations of each case.

In 2016, the MUHC's IBD Centre of Excellence was inaugurated on the 16th floor of the MGH. It is the first stand-alone IBD Centre of Excellence in North America, and along with follow up care, helps in emergency scenarios as well. During weekday hours, members of the IBD team are on-hand to provide care to help urgent cases.

Ophthalmology



The Division of Ophthalmology is a leading eye care centre staffed by specialists who work collaboratively on complex research and clinical issues.

Our current group of ophthalmologists includes specialists in cornea and external disease, refractive surgery, ultrasound, and medical and surgical retina.

In addition, most of our clinicians perform cataract and other eye surgeries.



Vital Support



Working Toward **Better Medicine**

The Minister of Innovation, Science and Economic Development, Navdeep Bains, has committed funds to the \$8.5 million initiative for the Research Institute at the Montreal General Hospital (MGH) for facility upgrades, renovations and major medical advancement programs.

This funding will benefit the following programs:

CORE: Centre for Outcomes Research and Evaluation

The Centre for Outcomes Research and Evaluation (CORE) focuses on patient and population oriented research and training. CORE researchers address questions of importance to the individual patient, the healthcare system, the general population and public health policy. The essential and common theme of these researchers lies in the epidemiologic, biostatistical and qualitative approaches to these questions.

CIM: Centre of Innovative Medicine

The MGH-CIM will be a dedicated clinical research facility that specializes in leading clinical trials to effectively transform discoveries into new treatments for our patients and our community. The Centre will provide researchers with access to a full range of clinical research services in a state-of-the-art environment. The CIM will provide the infrastructure to support researchers and trainees in the design, initiation, conduct and reporting of interdisciplinary clinical research studies (phases I to IV) run by clinicians working at MGH, mainly in the areas of internal medicine, cardiology, psychiatry, neurology, neurosurgery, anesthesiology, and trauma.

SIP: Surgical Innovation Platform

The goal of the SIP is to facilitate the convergence of expertise of engineers, basic researchers, software engineers, clinical scientists, MBA students and trainees. Together, this diverse entrepreneurial group focuses on development and derisking of valuable intellectual



From left to right: Martine Alfonso, Interim President and Executive Director, MUHC, Navdeep Bains, Minister of Innovation, Science and Economic Development, Dr. Bruce Mazer, Executive Director and Chief Scientific Officer (Interim) of the Research Institute and Jean-Guy Gourdeau, President and CEO, MGHF.

property and the eventual commercialization of the inventions. Surgery, by its reliance on manual skills, lends itself to technological innovation that can result in staggering advances in patient care. Such advances are needed to address spiralling healthcare costs and our ageing population. Surgical innovation today is relevant not only to devices, but also to surgeon training, simulation surgical planning, healing monitoring and rehabilitation.

“ We need to maintain our leadership role as a teaching hospital with a research centre. The benefits are clear, we can attract the best researchers and most importantly, find new cures to treat patients.”

– Dr. Joseph Shuster, former Scientific Director, Research Institute.



Research Awards

Research has been and continues to be a priority of the Montreal General Hospital Foundation (MGHF) thanks in large part to our generous donors and our partnership with the Research Institute of the McGill University Health Centre (MUHC) (RI). Together with the RI, the MGHF and other MUHC foundations present more than **80 awards to leading medical and nursing clinical researchers at the Annual Research Awards.**

The main goal of the Awards program is to facilitate the launch of research projects and provide researchers with seed funding so that they can prove their merit and move to the next stage of development and research grant application.

Thanks to strong donor support, and in many cases from donor endowed funds at the MGHF, the program has contributed to the recruitment and retention of nationally and internationally recognized clinical researchers. In 2016, the MGHF and other MUHC foundations invested in excess of \$3 million in awards and scholarships to fund research specialists and various initiatives.



Annual Research Awards: the 2016 Awardees. Congratulations!

Financial Report



Vital Support for Vital Care

Thanks to tremendous community support, we raised a total of \$12.5 million in donations for the 2016-2017 fiscal year (April 1, 2016 to March 31, 2017). This amount includes gifts from over 7,200 donors, individuals, foundations and corporations.

Breakdown of Donations

Thank You for Your Trust and Support

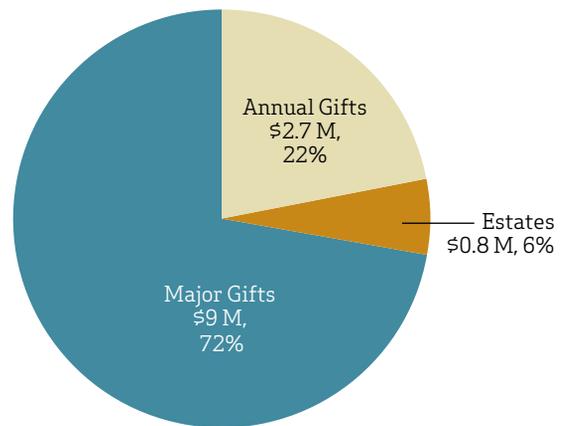
Our efforts to reach out to patients, donors and the public, with new communications and fundraising events, together with the Care at the Highest Level campaign, enabled us to raise \$12.5 million in donations last year.

Dedicated to Good Governance

The MGHF Board, chaired by Mr. Andrew Molson, plays a key role in establishing the annual budget and in monitoring the MGHF performance.

The Audit Committee, chaired by Mr. Patrice Ouimet, works with external auditors, Deloitte LLP, and is mandated to oversee the organization's financial management and internal controls, and overview the audited financial statements before recommending approval by the Board.

Sources of Donations



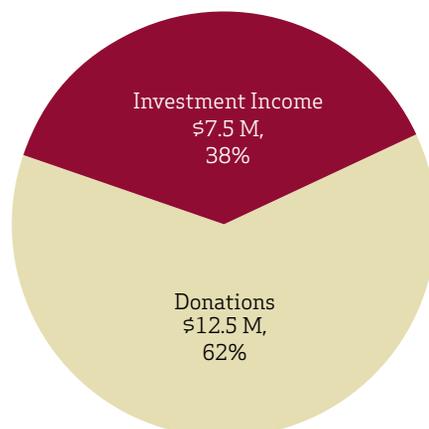
Sources of Revenue

Investment Income

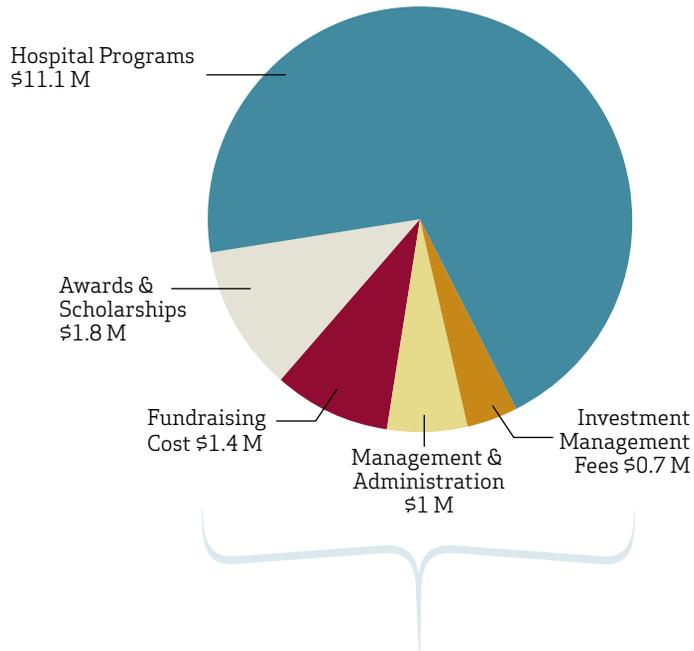
The Investment Committee, chaired by Mr. Mark L. Smith, ensures that funds are prudently invested and well managed by providing advice on investment policies, including asset allocation, and on prudent evaluation and selection of fund managers on behalf of the MGHF.

The returns on our endowment go towards providing continuous support to programs for excellence in healthcare, research and teaching.

Total Revenues \$20 M



Total Expenditures for the 2016-2017 Fiscal Year: **\$16 M**



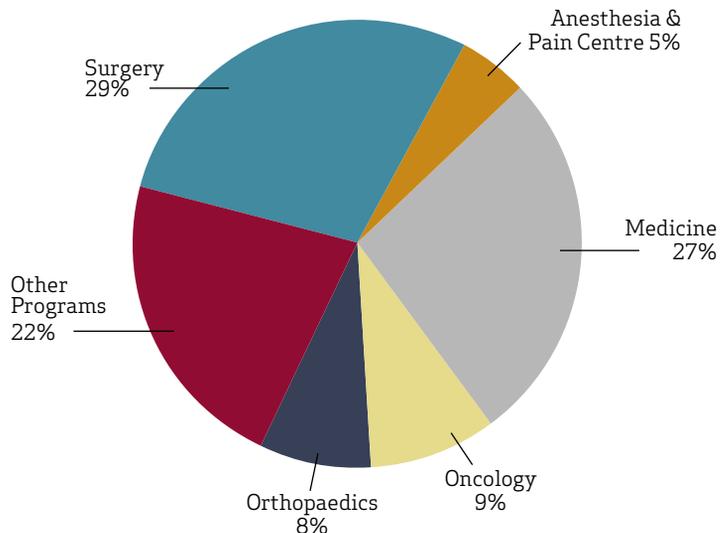
Our fundraising, management and administration costs remain among the lowest of major Canadian foundations.

TOTAL ADMINISTRATIVE EXPENDITURES TO REVENUES RATIOS	
Fundraising Costs	7%
Management & Administration	5%
Investment Management Fees	3%
TOTAL ADMINISTRATIVE EXPENDITURE	15%

Support Provided to Key Areas

Driven by our mission to provide **vital support for vital care**, we are honoured to provide annual financial support for many research programs and departments.

Spearheaded by our world-class health professionals, all these initiatives aim to ensure excellence and innovation in the quest to **save lives**.



Our Donors



Key Partners of our Success

We are grateful to our 7,200 donors whose support enables us to continue serving our community and to maintain the Montreal General Hospital's position as a leader within our health network and worldwide.

We would like to extend a special thank you to our 2,000 Governors. Their annual donations of \$250 or more allow us to carry out important projects year after year.

By way of thanks to our Governors for their support, we organized a series of lectures on a wide variety of topics:

- The Evolution of Trauma Surgery
- Sex, Drugs and Rock & Roll: What is Infidelity?
- Peeking Through The Keyhole: A View of Surgery for the Future
- Sex, Drugs and Rock & Roll: Personality Disorders: Not Just For Celebrities Anymore!

- Book launch of *The General: A History of the Montreal General Hospital*
- Dr. Raymond Price's talk during the Global Surgery Conference.

We would also like to highlight the great work of our volunteers who contribute to the success of our events through their tireless efforts and tremendous spirit.



Our Governors



Key Partners of our Success

Thank you for your donations to the Montreal General Hospital Foundation and for your support to the Care at the Highest Level campaign!

“We have world renowned medical practitioners coming to Montreal from around the world. The MGH is our hospital – we want it to be the best, to attract the best medical personnel and to offer the best patient critical care, thereby ensuring that our patients develop a sense of loyalty and a feeling of ownership.”

– Jonathan Birks, President and a Trustee of the Birks Family Foundation, and Board Member of the Montreal General Hospital Foundation.



Our 2016 Governors

Some have been donors for more than 25 and even 50 years!

Thank you for your great commitment and your loyalty.



- | | | |
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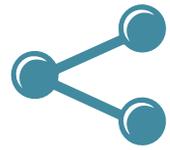
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