

VITAL SUPPORT FOR VITAL CARE



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**SAVE
HEAL
PROTECT
EXTEND
RESEARCH
DISCOVER
SHARE
CHERISH
GIVE**

F E



THE MONTREAL
GENERAL
HOSPITAL
FOUNDATION

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AN EXCEPTIONAL YEAR

Our fiscal year ended in the midst of a pandemic; yet with each unanswered question has come the chance to expand our knowledge. While some may see obstacles on the road ahead, the past few months have shown us that here at the Montreal General Hospital of the McGill University Health Centre (MUHC), our medical teams see new opportunities and new avenues to explore.

From the onset of the crisis, our teams have shown themselves to be both resilient and creative, finding concrete solutions on multiple fronts to problems thrown at them by a life-threatening virus. This pursuit of knowledge and excellence is at the heart of the hospital's very identity, and we could not be prouder.

These are values that we share with our community, our partners and our generous donors. Once again, so many of you believed in our priority initiatives and offered your support. Like us, you adapted your philanthropy to meet the MGH's most urgent needs, whether by funding research, paying for equipment or simply providing a comforting meal for our teams on the front lines.

But let us set aside COVID-19 for a moment to celebrate the banner year that preceded it. Before this upheaval, we were already experiencing unprecedented times. From April 1, 2019, to March 31, 2020, we raised \$28.3 million in donations for a total income of \$34.4 million including investment income, setting a new record for the MGH Foundation. Now, as we enter the second half of our CODE LiFE Campaign, we are confident that we will reach our \$100 million target to support our MGH-MUHC medical teams as they strive for excellence in patient care, research and medical training.

In November 2019, we were thrilled to announce that since the launch of our Campaign we had raised a total of \$17 million to fight lung, esophageal and stomach cancers. This considerable amount will allow Dr. Lorenzo Ferri and his team at the centre of excellence in Thoracic Surgery, to pursue innovative research projects and provide their patients with increasingly personalized care.

Though we cannot predict exactly what the coming months will bring, two things are certain: **our medical teams will still be there watching over our community, and our foundation will do the same, thanks to the support of our generous and loyal donors.**

Thank you for your continued trust and for allowing us to spend another wonderful year carrying out our mission to provide vital support for vital care!

Sincerely,



RICHARD CHERNEY
CHAIRMAN OF THE BOARD



JEAN-GUY GOURDEAU
PRESIDENT AND CEO



PETER KRUYT
CHAIRMAN
BOARD OF DIRECTORS
OF THE MUHC

“We are extremely grateful to the response of our donors, who have demonstrated renewed trust in Dr. Pierre Gfeller and his senior management team at the McGill University Health Centre.

This confidence is reflected in generous gifts that are helping to underwrite our collective future. The Montreal General Hospital, a designated centre for hospitalized COVID-19 patients, is also a fundamental member of our world-class academic health centre, assuring tertiary and quaternary care for complex diseases and traumatic injuries, training and research.

Its teams are fulfilling their duties despite incredible duress. The outreach to our community by the Montreal General Hospital Foundation is vital to our support; we thank the leadership and staff of the Montreal General Hospital Foundation for their dedication.”



DR. PIERRE GFELLER
PRESIDENT AND EXECUTIVE DIRECTOR
MUHC

“In 1918, when the world was reeling from another pandemic, the Montreal General Hospital’s healthcare professionals were saving lives, supporting families, caring for patients, protecting, teaching, and sharing knowledge.

Much has changed since then, but we are once again working as a larger, united MUHC team against a new threat (COVID-19) while still providing vital services and pursuing both excellence and innovation.

Let us remember in these difficult times that, together, our impact is greater. On behalf of the population we serve, thank you for investing in our community through the Montreal General Hospital Foundation’s CODE LIFE Campaign.”

NEW IN MUHC MEDICAL LEADERSHIP

The McGill University Health Centre (MUHC) has appointed two new Directors over the past year: Drs. Liane Feldman and Marc Rodger.



DRE LIANE FELDMAN
SURGEON-IN-CHIEF
AND DIRECTOR OF THE MUHC
SURGICAL MISSION

SURGERY

Dr. Liane Feldman now wears the well-deserved hat of Surgeon-in-Chief and Director of the MUHC Surgical Mission. After nine years at the head of the MUHC's Division of General Surgery, she became the first woman to hold this prestigious position.

"I am very excited about this new position. We have a tremendous opportunity to improve our institutions. Our goal is to perform more and more surgeries and explore new methods to reduce wait times and, most importantly, improve the patient experience. We are already moving in the right direction. My wish is to lead our teams even further."

Dr. Feldman also joined the Board of Directors of the MGH Foundation where she took over from her colleague and predecessor, Dr. Gerald Fried.

The MGH Foundation wishes to congratulate Drs. Feldman and Rodger on their appointments, and to recognize the tremendous service of Drs. Gerald Fried and James Martin, respectively outgoing Chief's of Surgery and Medicine, and thank them for their dedication.



DR MARC RODGER
PHYSICIAN-IN-CHIEF AND
MEDICAL DIRECTOR OF THE MEDICAL
MISSION OF THE MUHC

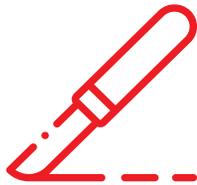
MEDICINE

After a decade as Chief and Chair of the Division of Hematology at the Ottawa Hospital, Dr. Marc Rodger has accepted to join the MUHC as Physician-in-Chief and Medical Director of the Medical Mission of the MUHC. He will oversee 15 general and specialty divisions at the Royal Victoria Hospital, Montreal General Hospital, Lachine Hospital, and Montreal Chest Institute.

"I am pleased to join the management team of the MUHC, an institution whose reputation is matched only by the excellence of its teams. The Department of Medicine oversees a variety of divisions and clinics focused on the well-being of patients and the acquisition of new knowledge, two goals that are close to my heart."

We were pleased to welcome Dr. Rodger to the MGH in January 2020, and we look forward to working with him over the next few years to showcase the excellence of the MUHC's Department of Medicine.

THE IMPACT OF YOUR DONATIONS



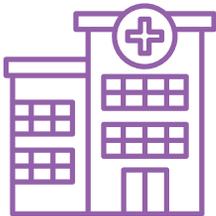
\$18M
**SURGICAL
EXPERTISE**

We support innovation and the development of surgical techniques to reduce pain and recovery times for patients after their surgery.



\$17M
**FIGHT AGAINST LUNG,
ESOPHAGEAL AND
STOMACH CANCERS**

This considerable sum has been allocated to the centre of excellence in Thoracic Surgery based at the MGH. Patients from all over the province come to us for ultra-specialized care.



\$13M
**PRIORITY
NEEDS**

The needs of the MGH are great and constantly evolving. We are pleased to provide additional support for priority initiatives in collaboration with MUHC's medical leadership.



\$13M
TRAUMA

We support the Dr. David S. Mulder Trauma Centre, one of only three in Québec to have the level of specialization required to treat complex traumas.



\$7M
**BRAIN AND
MENTAL HEALTH**

Our investments help provide care for people who have had a concussion or who suffer from psychological and psychiatric disorders.



\$4M
MEDICINE

We support the various specialized MGH clinics treating patients in cardiology, geriatrics, rheumatology, gastroenterology or allergy and immunology.



\$3M
CLINICAL
INNOVATION

We support clinicians who spark innovation and drive advances in medical technology and processes to improve care.



\$3M
ONCOLOGY

Many cancer surgeries and patient follow-ups are performed at the Montreal General Hospital by our teams of experts.

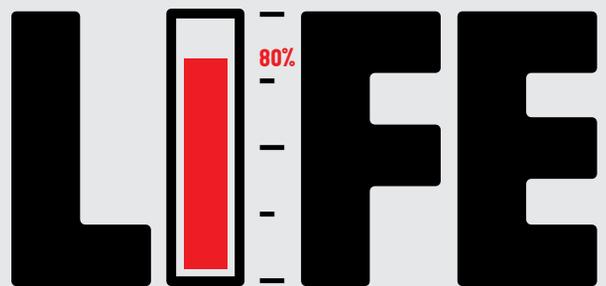


\$2M
NURSING
CARE

We offer support to nurses, such as with funding for training and simulation education.

CODE LIFE CAMPAIGN \$100M

We launched our CODE LiFE campaign in October 2018 **with the goal of raising \$100 million in three years** for vital care at the Montreal General Hospital, the MUHC, and within the McGill University health network.



Just over 18 months later, we are proud to announce that we have **reached over 80%** of our goal. The home stretch of a campaign is never easy, but we are confident that we will meet our goal, thanks to your generosity and that of our partners.

**THANK YOU
FOR YOUR VITAL SUPPORT!**



**CODE
LiFE**.CA

THE MONTREAL
GENERAL
HOSPITAL
FOUNDATION

**TOGETHER,
PROVIDING
FOR OUR TEAMS**

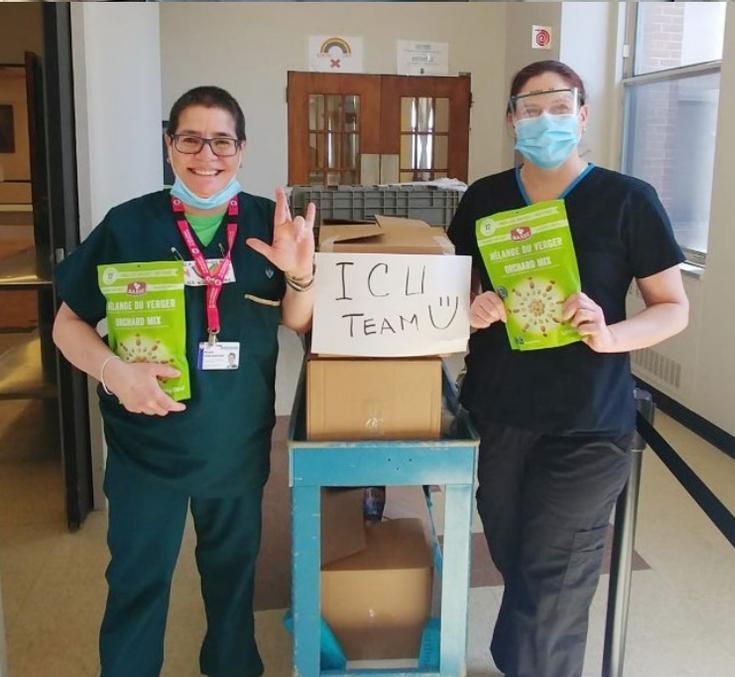
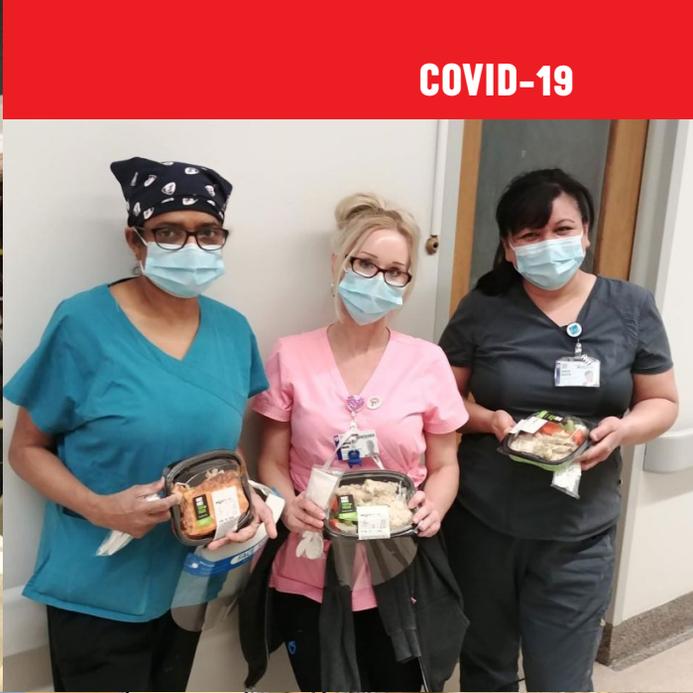
COVID-19 FACING NEW CHALLENGES IN A NEW REALITY

We were all shaken by COVID-19. Like all of you, we have had to adapt, cancelling events and meetings and putting some projects on hold to focus on what matters most: ensuring the health and safety of our community.

The work our medical teams have accomplished has been remarkable. Now more than ever, we are inspired by their dedication as they work day and night to provide vital care to our community. We have been touched by their professionalism and humanity again and again. They have pulled together to navigate these uncharted waters, and we are thankful to have seen that same outpouring of solidarity from you, our generous supporters.

You have been with us behind the scenes throughout these uncertain times, whether by donating to our special COVID-19 Fund or by supporting our “Together, providing for our teams” initiative. Many local businesses and organizations have also shown their support for our medical teams by donating meals, snacks and hygiene products.

**We owe all of you our most
sincere thanks.**



INNOVATION MORE VITAL THAN EVER

CODE LIFE VENTILATOR CHALLENGE

A global innovation challenge by



THE MONTREAL
GENERAL
HOSPITAL
FOUNDATION

Centre universitaire
de santé McGill
Institut de recherche



McGill University
Health Centre
Research Institute

Our changing world makes innovation more crucial than ever as we strive to overcome the new challenges facing us. We have embraced innovation, and so have you.

That's why the Foundation spurred innovation by launching the **CODE LiFE Ventilator Challenge**.

In the early days of the crisis, our teams worked hard to launch the Code Life Ventilator Challenge in collaboration with the Research Institute of the McGill University Health Centre (RI-MUHC). Offering a prize of \$200,000, our goal was simple yet important: collect the best ideas from all over the world to design life-saving ventilators.

In just two weeks, more than 2,600 individuals and 1,000 teams from 94 different countries joined the sprint to design a simple, low-cost, easy-to-manufacture and easy-to-maintain ventilator, which could be deployed anywhere needed to save lives.

Word soon spread throughout Quebec, across Canada and beyond via media and social networks. As a result, many specialists and companies from all over the world have offered to lend a hand in both prototype design and ventilator production.

On May 6, 2020, the top three designs were made available to manufacturers the world over with a free production licence for the full duration of the COVID-19 pandemic.

We wish to thank all those who donated to the Challenge, the experts who gave their time and knowledge, and our sponsors:

Scotiabank, the Canadian Medical Association, MD Financial Management, the McGill University Faculty of Engineering and Agorize.



DR. REZA FARIVAR
SCIENTIST AT THE RESEARCH INSTITUTE
OF THE MUHC AND LEADER OF THE CODE
LIFE VENTILATOR CHALLENGE

GLOBAL MOBILIZATION

“It is truly inspiring to see how these teams have been able to achieve so much in so little time and under so many constraints, including operating under COVID protocols and remotely engaging with team members”

+2,600
PARTICIPANTS

1,000
TEAMS

94
COUNTRIES

THE THREE FINALIST TEAMS OF THE CODE LIFE VENTILATOR CHALLENGE

Following the tests, three finalist prototypes were chosen based on the extensive deliberation of the expert judges that took into consideration the full design, test results, user experience, manufacturability, and cost.



- 01** Haply
- 02** IFPR Brazil
- 03** Lung Carburetor

> Learn more : codelifechallenge.com



\$17M

TO FIGHT LUNG, ESOPHAGEAL AND STOMACH CANCERS

Across the country, lung, esophageal and stomach cancers are the fastest growing and most lethal types of cancers, with a five-year survival rate of less than 20%. As a designated centre for complex thoracic surgeries, the MGH is well-positioned to lead the fight against all thoracic cancers.

Because government funding is not sufficient to push our research further, community support—your support—is essential to drive medical progress.

OVERVIEW OF SUPPORTED PROJECTS



OPAL: A DREAM TOOL FOR CANCER PATIENTS

Opal is a smart phone application that lets patients access their test results and gives them the tools they need to understand them. It also groups together medical appointments in the same place, allows patients

to check in on the day of the appointment, and provides estimated wait times. The Montreal General Hospital Foundation is proud to have contributed to this award-winning, innovative project through the generous support of Louise Fast.

IMMUNOTHERAPY: A REVOLUTION IN ONCOLOGY

Immunotherapy essentially involves awakening the immune system so that it can kill cancer cells. This method is less toxic than standard treatments and has doubled the survival rate of many stage 4 lung cancer patients. In 2019, surgeon Dr. Jonathan Spicer used immunotherapy to treat one of his patients, making the MUHC the first of 145 international lung cancer treatment centres to undertake the third phase of a major research project on the use of immunotherapy prior to surgery.

TESTING TREATMENTS ON LIVE TISSUE INSTEAD OF PATIENTS

The MGH Division of Thoracic Surgery is currently developing one of the first living biobanks in Canada. The project is a tour de force, requiring its own facilities and a dedicated, highly-specialized team. Surgically-removed cancer tissues are grown in the laboratory to produce organoids, new cells that perfectly replicate the original cancer. These organoids are then analyzed and used to test up to 20 different drugs in the lab, saving a great deal of time and, most importantly, saving patients considerable suffering, in finding the best drug to combat their specific cancer.

REDUCING THE IMPACT OF OTHERWISE HIGHLY INVASIVE SURGERY

Thoracic surgery is one of the most invasive procedures, which is why offering less invasive alternatives whenever possible is so important. One such option is removing esophageal cells via the mouth. Normally, surgeons have to make long incisions to take out the esophagus and stomach, removing whole sections of them. The new technique allows patients to recover much more quickly and be less limited in terms of food choices and daily activities.

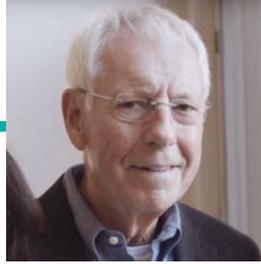
01 Jean-Guy Gourdeau, Dr. Lorenzo Ferri, Dr. David S. Mulder, Stephanie Riddell, Dr. Jonathan Spicer, Veena Sangwan, PhD, and Dr. Jonathan Cools-Lartigue at the *Soirée en or* benefit event



01

02





« THE MOMENT I RECEIVED MY CANCER DIAGNOSIS I KNEW THAT OUR LIVES HAD CHANGED FOREVER.

It was one of the scariest moments of my life, but once Dr. Lorenzo Ferri and his team took charge, fear subsided. From the very first day, their high level of dedication and competence created a sense of calm.

It felt like looking after patients like me is what they were meant to do. It was personal, it was real, it was effective and it contributed enormously to the healing process. My wife and I had no idea that we had such a world-class team right here in Montreal, working hard to develop personalized care and treatments for each patient.

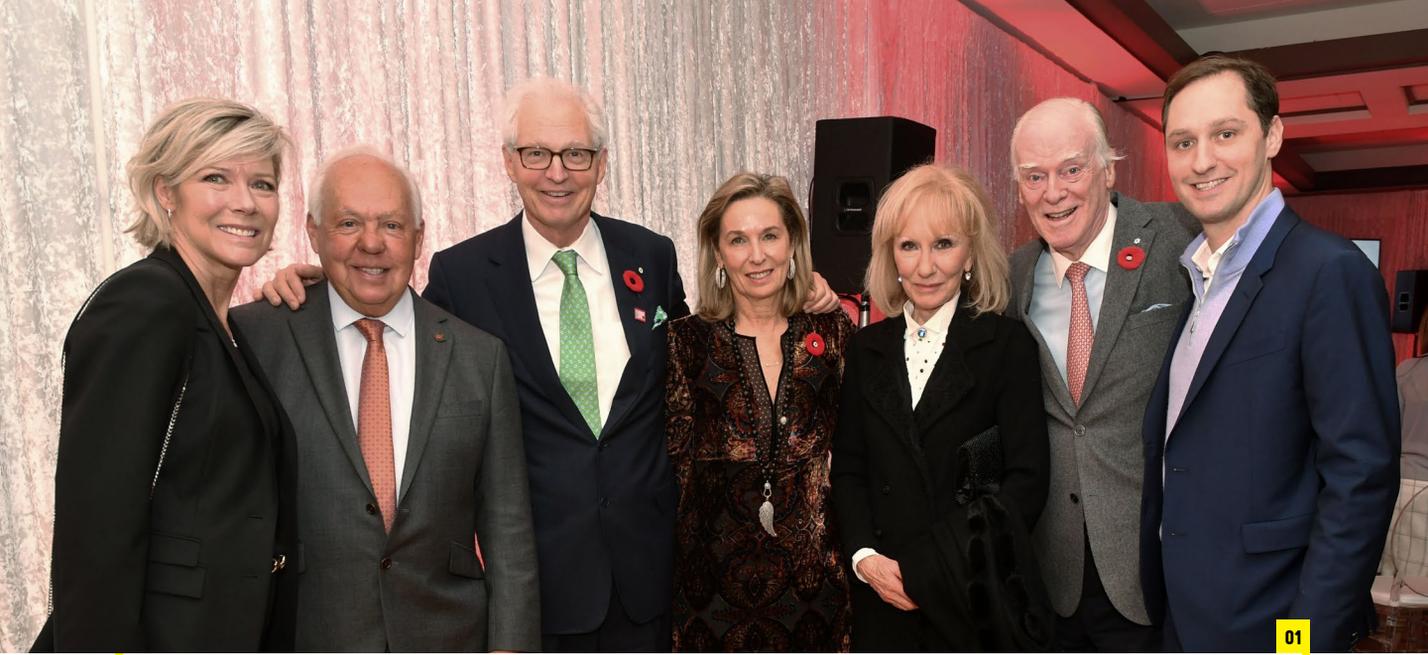
We continue to be extremely grateful for the care that I received; that is why my wife and I get involved in the *Soirée en or* Gala every year, as it raises funds to do research on new treatments for thoracic cancers.”

JOHN SAUTER

Patient of the Division of Thoracic Surgery

01 John Sauter and his wife, Anna Marino Sauter

02 Our guests at *Soirée en or* Gala on November 9, 2019.



01

ANDRÉ DESMARAIS AND FRANCE CHRÉTIEN-DESMARAIS: PHILANTHROPY AS A FAMILY VALUE

“I became enthralled by the Montreal General Hospital very quickly,” says André Desmarais of his first connection with the Montreal General Hospital almost thirty years ago. “I had just arrived in Montreal and had always been interested in medical care. I was invited to join the Montreal General Hospital’s fundraising campaign at the time, and I met with the famous Dr. David Mulder to discuss their needs,” he recalls. “If you know Dr. Mulder, you know there is only one answer: it’s Yes.” And so Desmarais became an integral part of that earlier campaign, where he was particularly engaged with the initiative to transform the hospital’s trauma facilities to qualify as a level one trauma centre.

ANDRÉ DESMARAIS

Long time donor and co-president of the **CODE LIFE** Campaign.

Today, Desmarais and his wife France Chrétien-Desmarais serve as co-chairs of the CODE LiFE Campaign, along with Andrew Molson and David McAusland. “**We have been very attached to the hospital for a long time, so it was an easy decision to take part in CODE LiFE,**” he says. “Especially as the Montreal General Hospital has a lot to be proud about, including a tremendous heritage and a profound importance to the city’s social stability. Often you don’t really think about the hospital until something happens to you and you end up there. But then, you truly appreciate it,” he says. Desmarais speaks from experience that extends beyond fundraising. “**I have been a patient of the hospital a few times and I was obviously very well treated because I’m alive,**” he laughs. He credits much of the hospital’s success to the quality of people that it has been able to attract. “Institutions have different ‘feels,’ and the Montreal General Hospital has a great ‘family feel.’ Dr. Mulder and others like him have really shaped the hospital’s genetic persona.”

The current COVID-19 pandemic has underlined the importance of hospitals and healthcare workers. **“We see the devotion not just of the doctors but of all the people in the hospital, working together to serve the community,” says Desmarais. “We see them taking risks, night and day. Their efforts are truly heroic.”**

During these difficult times, the Montreal General Hospital Foundation is supporting this heroism through multiple initiatives, including its Code Life Ventilator Challenge. “The challenge is a brilliant idea that can really make a difference by supporting groups to design inexpensive, easy-to-build but functional ventilators,” Desmarais stresses. Adds Ms. Chrétien-Desmarais, “We’re stepping out of the box with this project, which can have a worldwide impact.” And stepping outside the box is essential, she stresses. “Healthcare has to be innovative. The world won’t be the same when we’re finished with COVID-19. It is making us test new ways of working in healthcare.”

The investments in the Montreal General Hospital from funds raised by the CODE LiFE Campaign will enhance its position as a leader in health care and research. **“I’m very confident that the leadership team will design facilities and programs that will put them at the forefront of medical care,”** says Desmarais. That said, there remain some points of contention, such as the inclusion of helicopter-evacuation facilities for the Dr. David S. Mulder Trauma Centre – something that both Dr. Mulder and Desmarais support, but which has yet to receive government approval. “Obviously it is better for the community and for the Trauma Centre if they had it. And to make the centre world class, they probably need to have it,” he says. “But that is a negotiation that must be undertaken with the Quebec government.”

“Our children have seen us involved in many different causes, so it’s natural they share some of our interests. We’ve encouraged them to be active in the community and they enjoy it,” says Chrétien-Desmarais. As Desmarais adds, “People who have the benefit of being able to lead quite a good life should find ways of giving back to society.” With a long history of doing just that, André Desmarais and France Chrétien-Desmarais have established themselves as role models of philanthropic leadership.

FRANCE CHRÉTIEN-DESMARAIS

Long time donor and co-president of the **CODE LiFE** Campaign.

As the son of renowned entrepreneur and philanthropist Paul Desmarais Sr., Desmarais was raised with a firm commitment to the idea of philanthropic responsibility. He and Chrétien-Desmarais have passed on this commitment to their own offspring, and their son Olivier now sits on the Montreal General Hospital Foundation’s Board of Directors. **“I really like to see continuity over generations,” says Desmarais. “Look at the Molson family and the incredible contributions they’ve made to this institution and others over many generations. We are particularly happy Olivier is taking on this role with the Montreal General Hospital Foundation.”**

01 Mrs. Evelyn Cournoyer, Mr. Yvan Cournoyer, Mr. André Desmarais, Mrs. France Chrétien-Desmarais, Mrs. Norma Mulder, Dr. David S. Mulder and Mr. Olivier Desmarais at the launch of the CODE LiFE Campaign.



HOCKEY 911

“During my time with the Montréal Canadiens, both as a player and as manager, I was fortunate to be able to count on the MGH doctors. Their presence and involvement went well beyond games and allowed our team to give its best. The thing that allowed us to win 24 Stanley Cups was teamwork, both on the ice and at the Montreal General Hospital. The Canadiens and the city in general couldn’t be luckier to have such a high-caliber team that cares so much about everyone’s health and recovery.”

SERGE SAVARD

Former Captain and General Manager of the Montréal Canadiens



OVER \$400,000 FOR THE INAUGURAL HOCKEY 911 EVENT

On October 2, 2019, hockey legends like **Bob Gainey, Yvan Cournoyer, Chris Nilan, Trent McCleary, Serge Savard** and **Scotty Bowman** joined MGH doctors who also work with the Montréal Canadiens for a fundraiser in support of the CODE LiFE campaign. The MGH would like to thank the nearly 500 of you who took part in this inaugural event.

The evening of live conversation was divided into periods, recalling a hockey game, and hosted by none other than entertainer **Gregory Charles** and voice of the Canadiens, **Michel Lacroix**. Hockey players and their doctors shared memorable moments, tales of bravery, tragic accidents and funny anecdotes.

The Montreal General Hospital is home to the only trauma centre in downtown Montréal, the Dr. David S. Mulder Trauma Centre, as well as a Centre of Excellence in Orthopaedics and Sports Medicine. These world-renowned centres of expertise have delivered cutting-edge care to Canadiens players, and more importantly, to the entire community, for the last century.



IN MEMORY OF DR. DOUGLAS KINNEAR (1927–2019)

The inaugural edition of Hockey 911 honoured Dr. Douglas Kinnear, who led the Montréal Canadiens' medical team from 1962 to 1999, keeping the Habs in winning shape as they amassed 12 Stanley Cups. Dr. Kinnear was a pioneer at the Montreal General Hospital in many ways, and he forged strong bonds between the Montréal Canadiens and our hospital.

01 Dr. David S. Mulder and Serge Savard

02 The Trauma team surrounded by our special guests

TRAUMA AND RELATED SPECIALTIES

The MGH's Dr. David S. Mulder Trauma Centre is one of the few trauma centres specializing in treating adult patients. Only three centres in all of Quebec share its level of expertise and treat patients with the most complex and serious injuries.

Victims of road accidents (drivers, cyclists and pedestrians), falls and violent crimes are transferred to the MGH to receive care from our experts. The Trauma Centre serves the area south of Highway 40, including the Montréal region, as well as northern Quebec, including Cree and Inuit communities. Nearly 1,500 people are

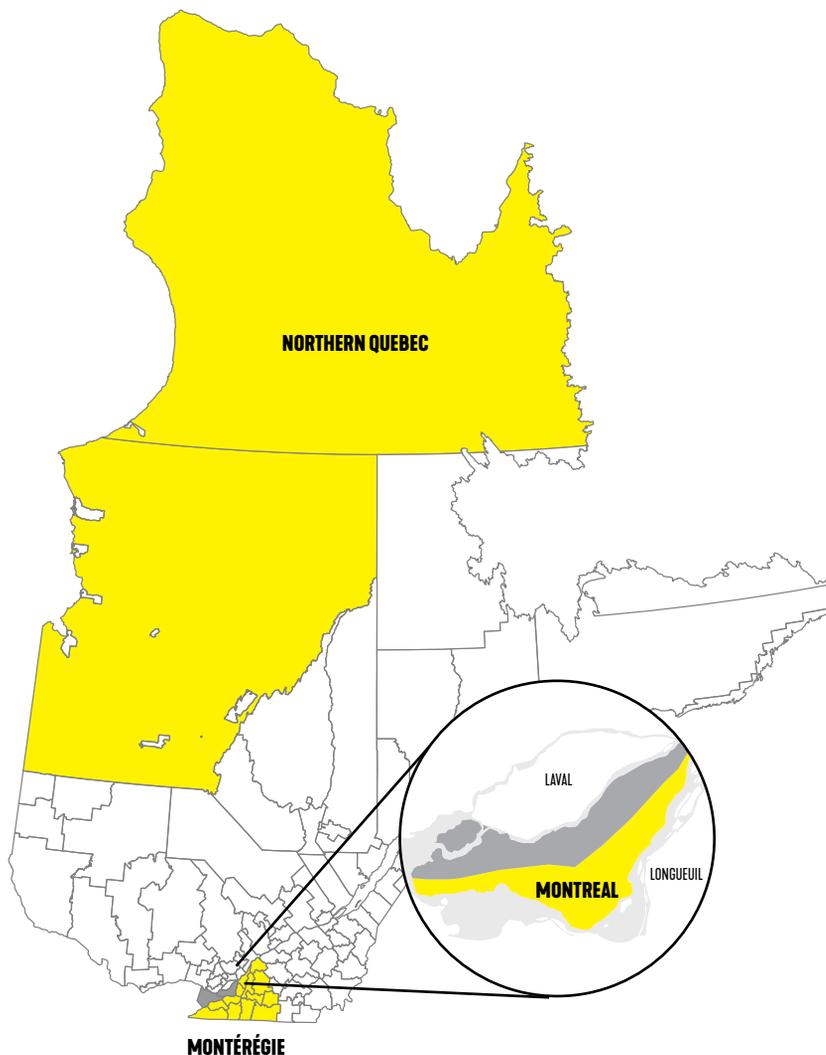
brought into our Trauma Centre yearly and treated by our specialized teams in such areas as plastic, orthopedic and general surgery, cardiology, and neurosurgery.

Of these patients, 500 to 600 also need to be seen by the Head Trauma Clinic at the Montreal General.

Concussions and head traumas remain difficult injuries to treat, which is why the MGH Foundation continually invests in research and new equipment in the hopes of helping current and future patients travel a better road to recovery.

A TERRITORY
OF OVER
2 MILLION
PEOPLE

REGIONS COVERED
BY THE Dr. DAVID S. MULDER
TRAUMA CENTER





01

RESOURCEFULNESS THROUGH DIFFICULT TIMES

The MGH trauma team collaborates with colleagues working on the ground in developing countries to overcome challenges caused by lack of access to essential specialized trauma equipment and treatments. This experience with problem solving, acquired through the Centre for Global Surgery, proved indispensable when the time came to adapt our facilities to the demands of COVID-19. The MGH trauma team was able to set up a fully functional, well-equipped resuscitation tent in the hospital parking lot, doubling their patient capacity while complying with new isolation and safety protocols.



01 Part of the team involved in the resuscitation tent project



01

Photo: David Boily, La Presse

“In December 2017, I was hit by a car while walking my dog. When I got home from the hospital, I received a diary of different moments during my time in intensive care. It was an extremely important and positive part of my recovery. I was the first MGH patient to receive a diary like this and I am living proof that it is an extremely beneficial initiative.”

ANNE
Patient

“Anne wrote to me a few days after receiving her diary. As I read her email, I started crying. I had read the literature, but I did not know how this project would be received. Thanks to the Foundation’s support, we were able to offer journals like this to many other patients. It’s wonderful.”

DR. DAVID HORNSTEIN
Intensive care physician at MGH

INTENSIVE AND PERSONALIZED CARE

Patients hospitalized in the Intensive Care Unit often have little or no memory of the time they spent in the ICU. This “lost narrative” of their life may contribute to some of the difficulties people can experience after critical illness. In order to help patients better understand all they’ve been through and in an attempt to foster a full recovery from critical illness, the ICU team at the MGH has established an ICU Journal project for its patients.

An ICU Journal is a diary account, written in plain language about day to day events going on during the time the patient is in the ICU. Members of the treating team as well as family and friends are encouraged to contribute to the journals, to offer words of encouragement and messages to the patient to help them later review and make some sense of this period of time.

ANNE’S DIARY

Anne considers herself lucky. After about ten days in a coma, several surgeries and a long recovery, she has now fully healed from the terrible accident that could have taken her life in December 2017.

Your donations help us to support initiatives like the ICU Diary Project that go beyond the health care system’s standard services to make a real difference in the lives and recoveries of our patients. For more information, visit codelife.ca/intensivecare.



Photo: David Boily, La Presse

01 Dr. David Hornstein, Anne and Family Nurse, Bitu Danechi, in the ICU.



#Thanks2Music

"As a musician, I have the opportunity to witness the impact of music, not only on my own mood, but on the mood of my fans as well. Paired with other types of therapies, music can be extremely powerful and I wish to make it even more accessible. That's why we launched the #Thanks2Music campaign, to raise money and to celebrate all forms of music therapy."

LEIGHTON JAMES

Musician, member of the Adventure Club duo
and Code Life Leader

MENTAL HEALTH MISSION

About one in five people will struggle with mental illness in their lifetime. Given the unprecedented situation caused by COVID-19, as well as its effects on both medical professionals and the public at large, it is not unreasonable to think that this number will now grow even higher.

The MGH Mental Health Mission provides psychiatric and psychological care to patients suffering from complex mental conditions and illnesses. Under normal circumstances, we have more than 45,000 outpatients and 3,000 psychiatric consults in the Emergency Department annually, with roughly 500 of those patients hospitalized each year.

45,000
PATIENTS SEEN ANNUALLY
IN AN OUTPATIENT SETTING

3,000
PSYCHIATRIC CONSULTATIONS
IN THE EMERGENCY DEPARTMENT



MUSIC THERAPY

The MGH Foundation partnered with musician Leighton James and music therapist Dany Bouchard to launch the online and media campaign #Thanks2Music.

Thanks to this campaign, we will be able to invest over \$85,000 in music therapy and other mental health initiatives at the Montreal General Hospital.

Dany Bouchard has directed Le Groupe MusiArt, a choir composed of Mental Health Mission outpatients, for almost 15 years. He also holds regular music therapy sessions with hospitalized psychiatric ward patients. Thanks to your support, Dany was able to buy new instruments for the choir and hire another music therapy professional to help him respond to increasing demand.



01

SUPPORT FOR MENTAL HEALTH IN YOUNG ADULTS IN COLLABORATION WITH RBC FOUNDATION

Psychosis is a serious but treatable medical condition which causes significant distress and disorientation to the person experiencing it and to their families. It tends to emerge during adolescence and young adulthood and affects 3.5% of the population, both male and female. But there is hope. Early and effective treatment can change the course of the illness and prevent deterioration.

The MUHC's Prevention and Early Intervention in Psychosis (PEPP) Program, led by Dr. Howard Margolese, offers community-based, tertiary care and treatment for people between 16-35 years of age, who are experiencing a first episode of psychosis. The Program provides patients and their families with quick and easy access to treatment and supports the recovery process through collaboration between patients, families and the PEPP-MUHC team.

01 Mrs. Angela Perillo, Dr. Lise Laporte, Dr. Michaela Barbarosie, Dr. Nadia Szkrumelak, Dr. Gregory Meterisian, Dr. Howard Margolese and Dr. Gail Myhr.



RBC Foundation
RBC Fondation

A DONATION OF
\$450,000
TO THE
PEPP PROGRAM

The PEPP Program was the recipient in September 2019 of a three-year grant from the RBC Foundation, totaling \$450,000.

This donation from the RBC Foundation will help the PEPP team to

- develop a peer-to-peer support program,
- further develop their outreach and education on psychosis in CEGEP's and Universities and with referral partners,
- give more PEPP patients access to proven therapies to aid in their recovery process.

THANK YOU to the RBC Foundation for allowing us to support the mental health of young adults through this partnership.



RUN FOR WOMEN

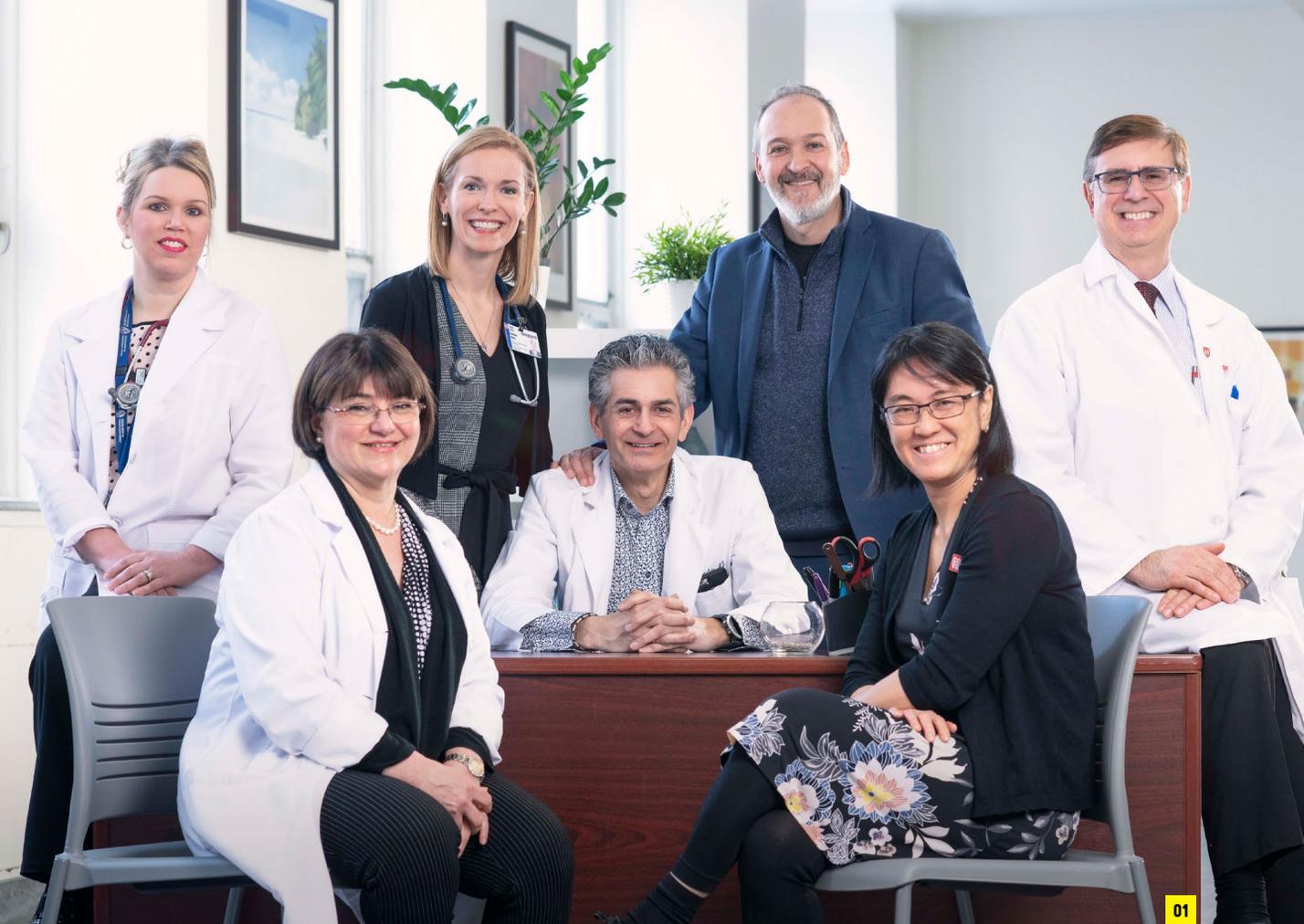
We would like to thank everyone who helped the 2019 Run for Women raise \$221,820 in support of women in our community with mental health problems. This special event, part of the LOVE YOU program by Pharmaprix™, allowed us to support four key initiatives:

- Prevention and early detection of post-partum and perinatal depression in women and their partners
- Research on borderline personality disorder, as well as medical resources and tools for women living with it
- Virtual reality treatments for anxiety disorders, such as post-traumatic stress disorder and obsessive-compulsive disorder
- A study on psychological distress, depression and anxiety in women with HIV



\$221,820
TO SUPPORT WOMEN
IN OUR COMMUNITY

**THANKS
FOR MOVING
WITH US!**



01

MEDICINE

The Montreal General Hospital (MGH) houses many specialized clinics and departments where patients are evaluated and receive top-quality care. They also participate in clinical research.

The MGH's multidisciplinary teams bring together world-renowned doctors, nurses, physiotherapists and other health care workers under one roof. Their close collaboration allows them to better understand the most complex cases and provide patients with detailed follow-ups and personalized care.



NEW CPET SYSTEM FOR THE PERI-OPERATIVE PROGRAM (POP)

The Cardio-Pulmonary Exercise Test (CPET) gives doctors and other health professionals a complete overview of a patient's heart and lung function. This allows them to evaluate whether the patient is physically fit enough to undergo surgery. The POP team can then use the test results to develop a nutrition, exercise and relaxation plan to improve the patient's physical and mental condition in preparation for surgery and, most importantly, to make their recovery easier.

PREVENTING ACCIDENTS AND DIAGNOSING DISEASES IN THE ELDERLY

By analyzing an elderly person's gait, we are able not only to prevent falls and accidents but also to diagnose cognitive loss and other health problems. While some gait variation can be observed with the naked eye, the earlier, more subtle signs can only be detected by specialized equipment. Fortunately, your generosity has allowed the Division of Geriatric Medicine to procure an electronic walkway to facilitate patient evaluation and diagnosis. This tool has proven invaluable to both the Fall Assessment Clinic and the Memory Clinic.

01 From left to right: Donna Kindrat, Bitu Danechi, Dr. Evelyne Vinet, Dr. David Hornstein, Dr. Tarek Razek, Nancy Tze and Dr. José A. Morais

RESEARCH TO HELP PATIENTS AT THE LUPUS CLINIC

Lupus is a complex autoimmune disease. It is found primarily in women and causes a number of negative effects on their health. At the MGH's Lupus Clinic, Dr. Evelyne Vinet studies the reproductive issues affecting her patients. With the research grants that she has received over the years, thanks to support from you, our donors, Dr. Vinet will be able to take her research to the next level by working with patients from different countries.

BETTER UNDERSTANDING INFLAMMATORY BOWEL DISEASE (IBD)



The research funds supported by our donors have also helped improve our understanding of Ulcerative Colitis and Crohn's disease. Last year, we supported the clinical research of Dr. Peter Lakatos, who is developing new ways to predict the course of the disease in his patients, as well as their response to various treatments. His research also aims to establish the ideal care pathways for patient, in order to limit their suffering and maximise every one's time.

FINANCIAL REPORT

A RECORD-BREAKING YEAR

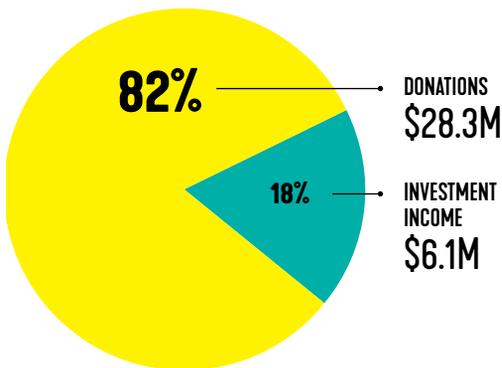
To say that our 2019-2020 fiscal year (April 1, 2019, to March 30, 2020) exceeded expectations would be an understatement. Thanks to your generosity and that of our community and partners, we raised \$28.3 million in donations, a new record for the Foundation!

SOURCE OF DONATIONS

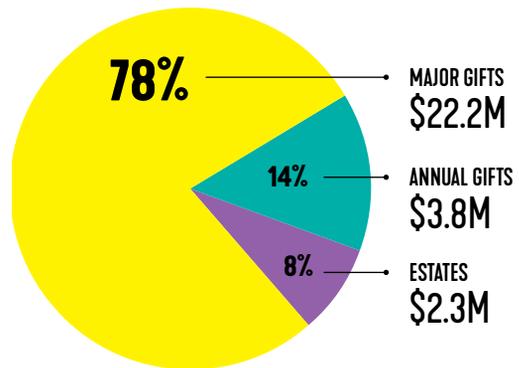
Once again, major donations accounted for a large part of our revenue, as did annual donations and estates. Whatever the type or size, each donation makes a difference in providing vital support for vital care.

Our strong financial management also allowed us to bring in an additional \$6.1 million in investments, for a total revenue of \$34.4 million in the 2019-2020 fiscal year.

TOTAL REVENUES \$34.4M



DONATION SOURCES \$28.3M



BUSINESS EXPERTISE SERVING VITAL CARE

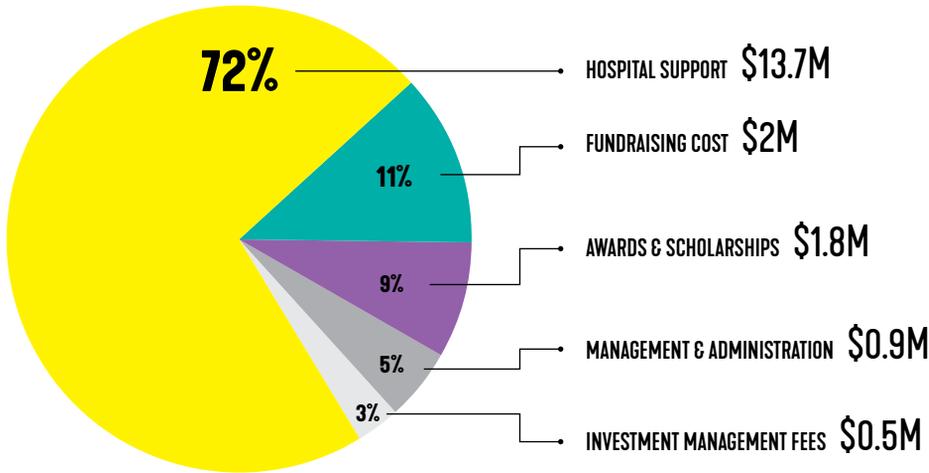
We are fortunate to have an experienced, engaged and motivated Board of Directors helping us support the teams at the Montreal General Hospital in their initiatives.

Under the leadership of Richard Cherney, our board approved funding for innovative projects while ensuring that our fund allocation respected the wishes of our donors and the mission of the Montreal General Hospital Foundation.

We thank you all for your vital support!

TOTAL EXPENDITURES 2019-2020 \$18.9M

Our community's incredible generosity combined with the hard work of our foundation team and Board of Directors resulted in us achieving an administrative expenditures ratio of 10%—well below the Canadian average for large hospital foundations. This low figure means that an ever-larger proportion of your donations goes directly where it is needed most.

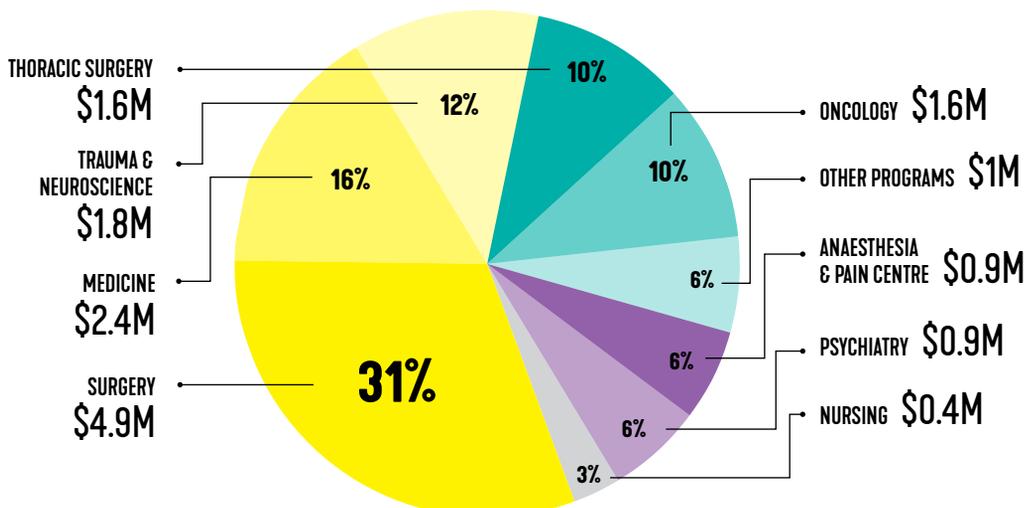


TOTAL ADMINISTRATIVE EXPENDITURES TO REVENUES RATIOS

Fundraising Cost	5.7%
Management & Administration	2.7%
Investment Management Fees	1.6%
TOTAL ADMINISTRATIVE EXPENDITURE	10.0%

SUPPORT PROVIDED BY KEY AREAS \$15.5M

As always, the Montreal General Hospital teams know that they can count on us and our community to support them in their work, whether they are developing new surgical techniques and personalized treatments, furthering our knowledge of the human body, improving the patient experience or acquiring cutting-edge medical equipment.





OUR BOARD OF DIRECTORS

We are fortunate to have a conscientious and engaged Board of Directors at the MGH Foundation. Thanks to their expertise, involvement and interest in funding vital care, we are able to provide ever-growing support to our community.

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01 Elise Nesbitt and Jonathan Birks at the Hockey 911 event.

**IN THE OFFICE AND FROM HOME,
THE MGH FOUNDATION'S TEAM IS THERE FOR YOU.**



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THANK YOU TO OUR DONORS

We cannot look back on our accomplishments from the past year without acknowledging the essential contributions of our more than 7,000 donors.

Whether you made a monthly or a one-time donation, whether you are a long-standing member of the Governors' Circle or have just made your first contribution, know that you have made a vital difference. Your support enables us to give our community the top-quality care it deserves and allows our medical teams to think outside the box as they find new ways to diagnose and treat their patients.

To show our appreciation, we invited all our Governors – donors who contributed \$250 or more in the past year – to a special event in June 2019. During this luncheon event, they enjoyed a conversation between **Dr. Pierre Gfeller, President and Executive Director of the McGill University Health Centre**, and **Dr. Kevin Smith, President and CEO of the University Health Network (UHN) in Toronto**, Canada's largest academic health sciences centre.

For more information about our Governors recognition program, visit codelife.ca/governors.



01 Mr. Jean-Guy Gourdeau, Dr. Kevin Smith and Dr. Pierre Gfeller during one of the events hosted for our Governors.



THE ANNUAL RESEARCH AWARDS GALA

This flagship event brings together some 90 award recipients, their guests and the benefactors behind the awards. Thank you to the donors who have helped support both emerging and established researchers!

This tradition highlights the importance of research in our teams' quest for excellence, to redefine medicine and to constantly improve patient care.



TWO MILLION DOLLARS WERE AWARDED IN GRANTS!

THANK YOU TO ALL DONORS WHO CONTRIBUTED TO SUPPORTING UP-AND-COMING RESEARCHERS AS WELL AS THOSE MORE ESTABLISHED, HERE, IN MONTREAL!

THANK YOU TO ALL GOVERNORS!

Governors are essential to the mission of the Montreal General Hospital Foundation. Some have been donors for more than 10, 25 and even 50 years! Your loyalty and your great generosity allow us to collectively support life-saving care and to invest in medical innovation, for the benefit of the entire community.

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“In early March 2020, I made a major donation to three hospital foundations, including the Montreal General Hospital Foundation. The primary reason behind this gesture was to demonstrate to the health care workers of Quebec, the doctors, the nurses and support staff, that the public has their back in our battle against COVID-19. I wanted them to know that we will do all in our power to ensure that they have the tools to do the job we know they so desperately want to do properly.”

P. PETER PASCALI
Governor and Life Saving Partner

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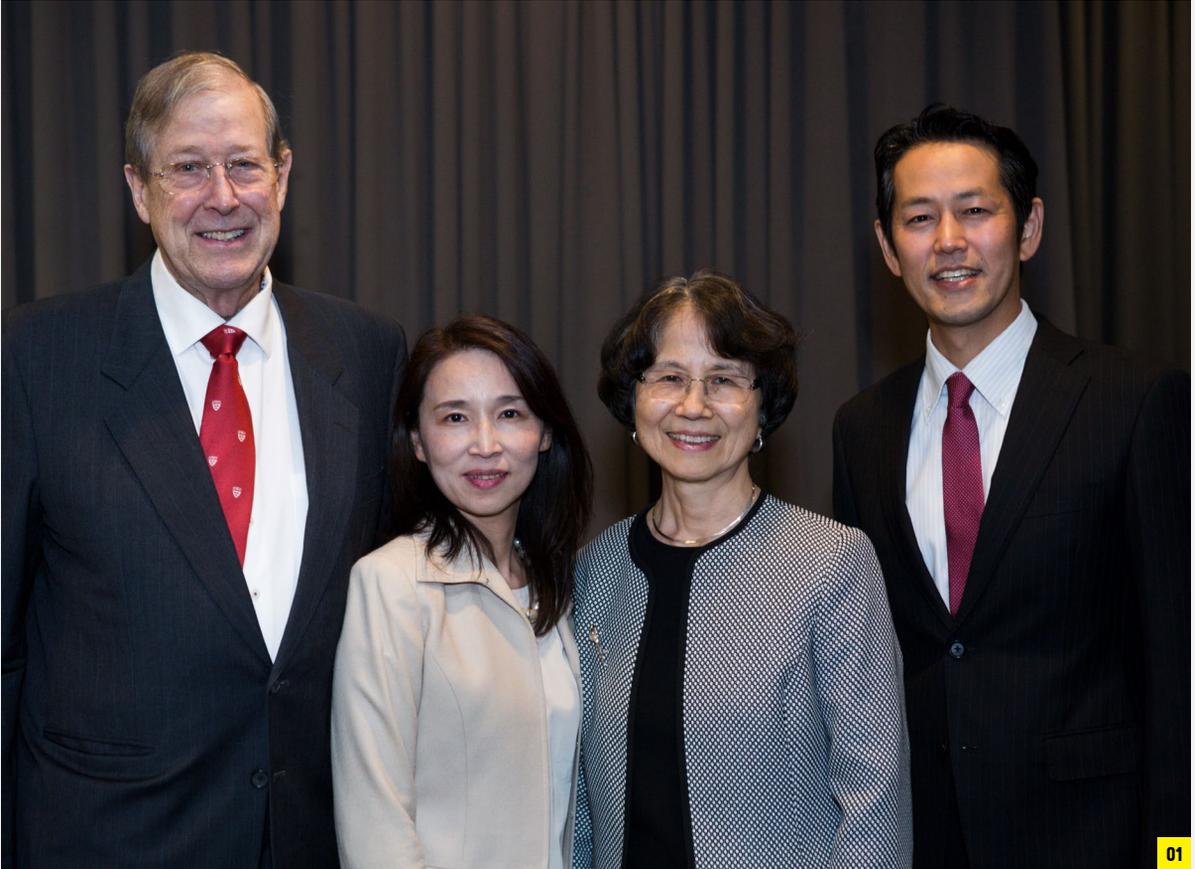
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And all the Governors who prefer to remain anonymous.



"Satoko and I believe in doing our part to improve the wellbeing of our community, which is why we have been proud Governors of the Montreal General Hospital for over 20 years. It is with great pleasure that we've supported nursing initiatives, as well as fellowships for Japanese students, with the hope that our donations will facilitate innovation, the advancement of knowledge and better patient care."

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01 Satoko and Richard Ingram, with Dr. Tomonori Hada and his wife at the Research Awards Gala.

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Hospitals challenge public to design life-saving ventilators amid COVID-19

CTV News Montreal
 Reporter: Thomas D'Agostino
 @thomasdago
 Published: Friday, March 20, 2020 9:04AM EST
 Last Updated: Sunday, March 22, 2020 8:29AM EST



Quebec premier on long-term care home report
 Quebec Premier François Legault reacts to the report on the conditions of long-term care homes in the province.

History report into care homes released
 A history report on long-term care homes in Quebec highlights ongoing problems with lack of protective measures for staff and patients.

Investigation into Quebec's long-term care homes
 Quebec's ombudsman is launching an independent investigation into the "horrifying" situation in the province's long-term care facilities.

EVERYBODY'S TALKING ABOUT IT!



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codevie_life Thank you to our medical teams, working on the front lines to provide vital care to our community. We would also like to thank the Habs for their support! 🙏❤️
 Merci à nos équipes médicales qui travaillent en première ligne pour offrir des soins vitaux à notre communauté. Merci aussi aux Canadiens de Montréal car leur soutien!

31 MARS

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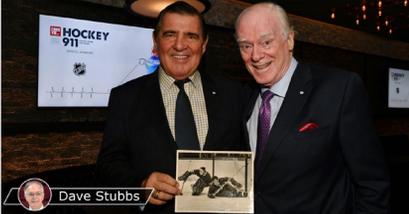
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Canadiens legends salute their medical team

Savard, Cournoyer, Bowman join tribute by many to doctors

by Dave Stubbs @Dave_Stubbs / NHL.com Columnist

October 6, 2019



NHL plans to return with 24 teams competing for Stanley Cup

Greatest Moments of NHL Season ... So Far: fourth round, matchup 2

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News Growing bones

The Montreal General Hospital is leading the way when it comes to orthopedic trauma and reconstructive surgery. Global's Andrea Howick learns about the one-



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